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Mayor's Message



Dear Redmond Neighbors:

The fall season is just around the corner, and it is an exciting time for parks and recreation. The Old Redmond Schoolhouse Community Center will be brimming with many programs, old favorites and new adventures! Be sure to stop by the School Grounds in the lobby for a cup of your favorite espresso, then check out all the activities we have to offer.

Perrigo Park successfully opened this summer with a busy schedule of softball and soccer games. This will continue into the fall, so if you haven't checked out our newest park, make it a point to visit soon. Kids will love the new play area, and there is a beautiful, covered picnic shelter for fall picnics. Play tennis at the lighted courts, too! There is something for every member of your family at Perrigo Park.

For a more tranquil experience, visit Redmond Watershed or Farrel-McWhirter Park. They are just minutes away from downtown Redmond, yet provide a quiet opportunity to relax and explore our beautiful fall colors.

Redmond Parks and Recreation is dedicated to serving you with many interesting choices; take a moment to browse this Guide and find a new way to enrich your fall season!

Sincerely,

Rosemarie Ives

Rosemarie M. Ives, Mayor
City of Redmond

*Together, we create a
community of good neighbors!*



Call Us!

Recreation Phone Numbers

Registration, General Recreation, & Reservations	425-556-2300
Parks Maintenance & Operation	425-556-2322
Arts Information Line	425-556-2392
Senior Center	425-556-2314
Senior Center Facility Rental	425-556-2368
Teen Center - Old Fire House	425-556-2370
City of Redmond Information Line	425-556-2900
Parks & Recreation Web Site	http://www.redmond.gov

Recreation office hours Mon-Fri 8am-8pm, Saturday 9am-1pm.

Resident Registration Priority

The City of Redmond has established a policy giving registration priority to residents living or working within the Redmond City limits. The city limits weave along NE 116 St. on the north and approximately 186 Ave NE on the East. The western boundary weaves along 132 Ave NE until Bridle Crest Trail (NE 60th) then goes east to 148 Ave NE. The southern boundary varies. All 98053 zip codes are outside the city limits, as well as some 98052 zip codes. See page 40 for registration instructions and timelines.

Something for Everyone!

At the City of Redmond we offer programs and services for all ages and encourage and support the participation of individuals with disabilities in ALL our programs. If accommodations are needed to participate in our programs please contact our offices at 425-556-2300 at least two weeks prior to the program start date.



Are You on our Mailing List?

A general mailing to all families with Redmond addresses will only be made for the Spring/Summer catalog. The Fall and Winter quarter catalogs are mailed to all families who have participated in one of our programs within the last two years. So please share your information with friends or neighbors who may not have received our catalog. They may call and request a catalog (425-556-2300, x2), or catalogs may be picked up at either the Redmond or Woodinville Libraries.



Disclaimer – This class schedule is published for information purposes only. Redmond Parks and Recreation Department reserves the right to make any changes in the content and provision of the class schedule without notice.

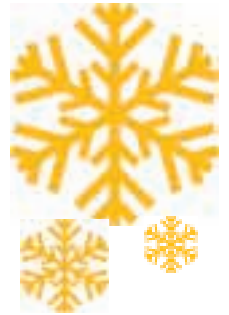
Recreation Office Closed For the Holidays

The Parks and Recreation office will be closed Monday, September 6 Labor Day, Thursday, November 25, Thanksgiving; Thursday/Friday, December 24-25, Christmas. We WILL be open on Thursday, November 11, Veterans Day. Regular office hours are 8am-8pm, Monday through Friday and Saturday, 9am-1pm.



Inclement Weather Policy

The safety of program participants is of prime consideration when determining if programs should be canceled due to inclement weather. Programs meeting in school facilities will automatically be canceled if the schools are closed. Generally programs offered in city facilities will also be canceled if the schools close. Weekend programs will be canceled at the discretion of the Recreation Division Manager or his designee, if unsafe conditions exist. Cancellation information will be available on the department's main line 425-556-2300 x3, and radio stations will be notified.



Gift Certificates

Need a gift idea? Give a gift certificate of recreation! Purchase a gift certificate and give it to your loved one with a copy of the Recreation Guide. Certificates are sold at the Redmond Parks and Recreation Office, 16600 NE 80 St, Redmond during office hours Monday-Friday, 8am-8pm and Saturdays 9am-1pm. They are sold in \$5 increments, are not refundable for cash, and must be relinquished upon use. Class program registration procedures must be followed in accordance with Department regulations. Questions? Call the Recreation Office, 425-556-2300 X3.

ATTENTION Instructors

Redmond Parks and Recreation Department is always looking for new programs and instructors. If you are interested in offering programs through our department, please contact us at recreationoffice@redmond.gov or 425-556-2300 to request a proposal packet. We appreciate your interest in your community!



Community Arts Programs

For more information on Arts Commission programs and services, visit the City's website at www.redmond.gov or call 425-556-2316.

Visual Arts

2004-05 Outdoor Sculpture Garden

Join us at Redmond Town Center, the Redmond Regional Library and Luke McRedmond Landing Park to view 14 artists' works. The exhibit will feature Don Anderson, Sherry Buckner, Lance Carleton, Ken Eliassen, Shirley Erickson, Pam Hom, Thor Myhre, Jere Mondau, Julian Voss-Andreae, Leon White and Brandon Zebold. Visit www.redmond.gov for updated information or call 425-556-2316. An updated flyer telling more about the exhibit will be available this summer in flyer holders and at the Old Redmond Schoolhouse Community Center. Sponsored by Redmond Arts Commission and Parks & Recreation Department, Redmond Town Center, and Redmond Regional Library with funding support from 4 Culture. Formal opening scheduled on September 18.



Spiral Fractal 3 by Don Anderson at the Redmond Town Center Open Space, 2004-2005 Outdoor Sculpture Garden.

New Sculpture Approved for Grass Lawn Park

Hai Ying Wu has been commissioned to make his proposed artwork titled *Field of Dream*, a female softball player. This 1% for art project was recommended by the Arts Commission and the City Council approved the funding on April 20. The work will be installed and dedicated in the summer of 2005.

Arts Education

Arts Education Grant Applications are due Friday, November 5. Call 425-556-2316 for more information or www.redmond.gov

Exploring Diversity Media Arts Workshop

Teens from Redmond, Bellevue, and Kirkland are invited to attend a series of weekly evening workshops beginning Tuesday, October 26. The workshops will use writing, photography, and video production to explore the theme of diversity in our Eastside community. Students will have an opportunity to learn from professional writers, photographers, and video producers. The workshops will take place at Bellevue High School, are free of charge, and open to students grades 8-12. For more information visit: <http://www.redmond.gov/insidecityhall/parksrec/artsculture/artseducation.asp> or call Michelle Alten, Program Director, at 425-869-5243. Sponsored by The Redmond Arts Commission and The Redmond Parks and Recreation Department, The City of Bellevue – Park and Community Services Department/Cultural Diversity Program/Teen Services, and The City of Kirkland.

425-556-2300

Performing Arts

Redwood Theatre:

Let's Murder Marsha ~ October 15-30

Friday & Saturday at 8pm and Sunday matinees at 2pm
Performances are held at the Redmond Senior Center, 8703 160 Ave NE, Redmond.

Auditions:

Sunday, August 8, 7-10pm, and Monday, August 9, 8-11pm, at the Redmond Senior Center.

Reservations or to schedule audition, 206-525-3493.

Redwood Theatre is a community theatre non-profit organization.

Please contact Andy Carrol at 206-575-1064 for more information or www.redwoodtheatre.org

Redwood will also be appearing in the *Eastside Arts Alive!* Festival, October 1-3, at the Kirkland Performance Center and Meydenbauer Center, 425-893-9900 or www.Kpcenter.org

Eastside Symphony Orchestra presents the following concerts, conducted by Alexei Girsh:

- Sunday, November 7, 2004, 2pm FREE
Redmond Senior Center, 8703 160 Ave NE, Redmond
- Sunday, December 12, 2004, 2pm, ticket fee TBA
Redmond High School Performing Arts Center, 17272 NE 104 St, Redmond

Community and family events, all are welcome. Contacts: Ann Bouchy 425-462-5231 or Dave Harwood 425-521-9439. Co-sponsored by the Redmond Arts Commission.

www.eastsidesymphony.org

Art Dedications

Firefighter's Bench Dedication, October 9, 1pm

A public dedication of an art bench by Michele Van Slyke will be held Saturday, October 9, 1pm at the new Firefighter's Plaza in front of the main Fire Department headquarters, corner of NE 85 St and 161 Ave NE. The bench funding was provided by the Redmond Rotary and the Redmond Parks & Recreation Department. Visit www.redmond.gov for updated information or call 425-556-2316.



Site of new bench at Firefighter's Plaza against curved wall on far left; to be dedicated October 9, 1pm.

Perrigo Community Park Art Dedication

will be held in conjunction with the Park grand opening on July 31, 11am. Visit www.redmond.gov for updated information, or call 425-556-2316.

COMING SOON!!!! School Grounds Espresso & More

Serving great coffee while pouring a cup of HOPE!

We are a non-profit organization. All proceeds will be used to benefit the needs of women in Redmond.



**Grand Opening
Wednesday, Sept. 15**

Old Redmond Schoolhouse
Community Center
16600 NE 80 Street, Redmond

Bring this coupon and enjoy
One

**FREE espresso
drink**

with an equal value purchase!

Photography

Pictures at the Park

An affordable photo shoot! Spend up to an hour with photographer Terrel Joanna Lefferts at your choice of one of the following parks: Anderson, Ardmore, Farrel-McWhirter, Grass Lawn, Marymoor (parking fee), Robinswood, or Tam O'Shanter. Please plan on spending some time playing on the playground for candid as well as staged shots. There is a maximum of 5 people/pets per shoot. You will receive 15 quality jpeg (or Photoshop) digital image files and 3 printed sheets, selected by Terrel.



Great for gifts, senior pictures, headshots or engagements! Additional details will be provided by Terrel after registration. Samples may be viewed at the Old Redmond Schoolhouse Community Center and Terrel's web site at www.uiweb.com/terrel. *Coordinate with Terrel to choose a date and time for Family Choice options. Questions? Please contact Terrel at terrel@verizon.net. Photo shoots begin promptly; there are no refunds after 15 minutes. Reschedules are not a problem with at least 24-hour notice.

Instr: Terrel Lefferts. Fee: \$120R/\$144N.

Class#	Age	Time	Days	Date
14393	All Ages	5-6pm	Sunday	Sep 12
14394	All Ages	10-11am	Thursday	Sep 23
14395	All Ages	5-6pm	Sunday	Sep 26
14396	All Ages	5-6pm	Sunday	Oct 24
14397	All Ages	10-11am	Thursday	Dec 2
14398	All Ages	4-5pm	Sunday	Dec 5
14646	Family Choice 1*			
14647	Family Choice 2*			
14648	Family Choice 3*			
14649	Family Choice 4*			

Arts & Crafts

Family

Mesolini

Glass Studio Field Trip

Wondering what to get that special someone for the holidays, but tired of the same old gift ideas? We can help! Join us as we travel by van and then ferry to the Mesolini Glass Studio on Bainbridge Island for an exciting day where you actually create a piece of glass art! Keep it for yourself or give it as a gift that someone special will cherish for a lifetime. By using a rainbow of colors and more textures, sizes and shapes than you can imagine, you'll have your choice of creating either a 4" x 4" tile or 3 pins. Projects will be fused and available for pick-up at the Old Redmond Schoolhouse Community Center by December 1, 2004. Price is per person.



Instr: Mesolini Glass Studio. Loc: Old Redmond Schoolhouse Community Center Parking Lot. Fee: \$40R/\$48N.

Class#	Age	Time	Days	Date
14437	4+ yrs & parent	9:15am-3pm	Friday	Nov 12



Outdoor

Christmas Ship Cruise

Come aboard the *Christine W*, an authentic stern wheeler riverboat, as we join the Christmas Ship Festival on Lake Union for the kickoff of this long-standing Northwest tradition. You'll be cozy and warm in either the Christine W's heated main deck or enclosed upper deck as you sip hot chocolate (or coffee!), sing carols, nibble goodies, and enjoy your front row waterfront view of this special holiday celebration. Meet us at the dock, or leave the driving to us, but don't miss this special night! Van leaves ORSCC parking lot at 5:30pm (or meet us at the dock on Lake Union at 6:30) and returns at approximately 10:30pm. Program letter mailed prior to trip.



Instr: Sternwheeler Charters. Loc: Old Redmond Schoolhouse Community Center Parking Lot. Fee without transportation: \$26R/\$31N. Fee with transportation: \$32R/\$38N.

Class#	Age	Time	Days	Date
14435	3+ yrs & parent	5:30-10:30pm	Wednesday	Dec 1

Farm

Breakfast With The Animals

Experience what it's like to be a farmer! Young farm hands will help feed the animals and learn interesting animal facts. After the farm work, you will be treated to a continental breakfast of muffins, coffee or milk and juice. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14652	2+ yrs & parent	9:30-11:00am	Saturday	Oct 9



The World is a Story - Spooky Fun

The moon is new, the night is dark, come to Farrel-McWhirter Park and hope the monster woman of the woods doesn't find you! Hear Greek, Native American and/or Chinese tales of things that go bump in the night. After storytelling we'll go for a hay ride, have a snack and make fun crafts. Dress for the weather!

Instr: LeAnne Woolf. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14185	4-9 yrs & parent	7-8:30pm	Saturday	Oct 16

The World is a Story - "Heroes in the Stars"

Come out to Farrel-McWhirter Park to hear about the adventures of Perseus and Orion the Greek heroes whose stories have been immortalized in constellations that are at their highest in the winter. There will be stories about Medusa, Pegasus, Cassiopeia and more! After storytelling we'll create our own winged horses, take a hay ride, and enjoy a snack. Dress for the weather.

Instr: LeAnne Woolf. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14183	4-9 yrs & parent	7-8:30pm	Saturday	Sept 18

Harvest Moon Hay Ride

Spend an evening of family fun on a hay ride under the stars at Farrel-McWhirter Park. Enjoy making crafts, snacking on some tasty refreshments, and hearing a great seasonal story. Wear good hiking shoes, and dress for the weather. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$17R/\$20N.

Class#	Age	Time	Days	Date
14103	3+ yrs & parent	7:30-9pm	Friday	Oct 1

Rafting

Program information and driving instructions will be mailed prior to trip start date. Trip times include equipment fitting, instruction, lunch, and actual time on the water. Fee is per person.

Skagit Eagle Watch

Bundle up and view nature's splendor as few have witnessed it! Each winter, up to 300 Bald Eagles congregate in the Skagit Preserve. These magnificent and endangered birds are accustomed to seeing only an occasional riverboat in their protected habitat, so sightings are frequent. With wingspans of up to seven feet, the eagle is truly majestic from close range. You'll float calmly and comfortably with other enthusiasts in astoundingly beautiful scenery, watching our National Symbol feeding on the banks, soaring above or perched only a few yards away. Guides are experienced eagle watchers. All equipment and a delicious hot lunch in a heated park cabin are included. Meet at the site at 10am (Rockport, Washington). Program letter mailed prior to trip.

Instr: Wildwater River Tours. Fee: \$65R/\$78N.

Class#	Age	Time	Days	Date
14358	6+ yrs & parent	10am-2pm	Saturday	Dec 4

425-556-2300



See page 38 for map.
Fee Waivers are
available. Call the

Recreation office at 425-556-2300 for application and details. Please write a separate check for each class if registering by mail. Thank you.

FEE R = Redmond City Resident
CODE: N = Non-Resident

The Costume Carnival!

Bring the whole family and celebrate the season at the Costume Carnival. Dress-up as your favorite character - real or make believe, and enjoy music, refreshments, games, activities, and more!

Costume contest at 8pm!

**Lots of fun, prizes,
and laughter for the
whole family.**

Fee is \$4 for each person (child or adult), \$20 max per family. Purchase tickets at the ORSCC after August 31 or \$6/person, \$30 max per family at the door. Children under 1 year free with parent.

Instr: Staff. Loc: Old Redmond Schoolhouse Community Center Auditorium. Advanced Tickets (non-refundable): \$4/person, \$20/family. At the door: \$6/person, \$30/family.

Class#	Age	Time	Days	Date
14180	1-13 yrs & parent	6:30-9pm	Friday	Oct 29



Parent/Child

Around the World in 90 Minutes

Create your own passport to an exciting adventure around the world. Each stop will land us in a different country, where we'll make a craft and learn about customs and similarities between cultures. Visit Mexico, Africa, England, Asia and other wonders of world. Don't forget to get your passport stamped! Sing and play all the way around the world. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

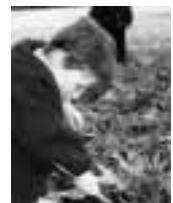
Class#	Age	Time	Days	Date
14105	3-6 yrs & parent	10-11:30am	Saturday	Oct 16

Autumn Escapades

Explore autumn in the forest and on the Farm at Farrel-McWhirter Park. We'll go on a short nature walk, use bits and pieces of nature to create clever crafts, hear some great stories and end the day with a tractor-pulled hay ride. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Farrel House. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14125	3-6 yrs & parent	10-11:30am	Saturday	Sept 18



Super Hero Adventures!

Come explore Super Hero Adventures with us at Farrel-McWhirter Park. We'll make our own super hero costumes, have super hero fun, games and activities, hear a great story, and have a snack fit for a real Super Hero! Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14124	3-6 yrs & parent	10-11:30am	Saturday	Nov 13

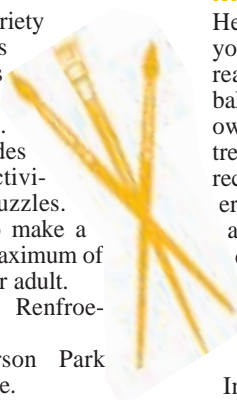
Parent/Child

Arts & Crafts

Mini Monets



Create a variety of fun arts and crafts projects to take home. Also includes hands-on activities and puzzles. Get ready to make a big mess! Maximum of 2 children per adult. Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Fullard House. Fee: \$67R/\$79N.



Class#	Age	Time	Days	Date
14273	18 mo-3 yrs & parent	11-11:45am	Wednesday	Sep15-Nov 3

Holiday Mini Monets

A special session for the holiday season! Get ready to make a big mess! Maximum of 2 children per adult. No class Nov 24. Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Fullard House. Fee: \$42R/\$50N.

Class#	Age	Time	Days	Date
14282	18mo - 3 yrs & parent	11-11:45am	Wednesday	Nov 10-Dec 8

Cooking

Mini Chefs- Parent/Child

Hey kids, bring your parent and get ready to prepare, bake, and eat your own tasty simple treats! A different recipe will be covered in each class and a Mini Chefs cookbook will be provided. Maximum of 2 children per adult.

Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Adair House. Fee: \$67R/\$79N.

Class#	Age	Time	Days	Date
14269	2-3½ yrs & parent	12:15-1pm	Wednesday	Sep 15-Nov 3



Holiday Mini Chefs- P/C

A special session with holiday themed recipes! A Mini Chefs cookbook is provided. Maximum of 2 children per adult, No class Nov 24.

Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Adair House. Fee: \$42R/\$50N.

Class#	Age	Time	Days	Date
14279	2-3½ yrs & parent	12:15-1pm	Wednesday	Nov 10-Dec 8

Drop-In Programs



Expressive Creations!

Join us on Wednesday mornings for Expressive Creations, a new drop-in program for parents and children from 1 to 5 years old. Bring your child to the Old Redmond Schoolhouse Community Center and participate in a variety of stimulating experiences. Each week will have a different focus from music and movement to arts and crafts, or storytelling and drama. We will post a monthly schedule highlighting the day's activities; look for copies of the schedule in the ORSCC lobby. Non-transferable punch cards are available: 11 visits for \$20.

Instr: Janna Blakely. Loc: Old Redmond Schoolhouse Community Center Auditorium. Fee: \$2 at the door.

Age	Time	Days	Date
1-5 yrs & parent	10-11:30am	Wednesday	Sep 22-Dec 15

Indoor Play

Come find indoor fun on our riding and climbing toys, gym mats and play equipment. We're continuing our popular indoor play program for children ages 1-5. Drop-in fee of \$2 at the door. Non-transferable punch cards available: 11 visits for \$20. Children under 1 year are free. Parents stay and supervise. Join us Tuesdays and Thursdays from 10am to 12pm. No class Nov 11 and 25. This is a drop-in program, no pre-registration required. Located at Old Redmond Schoolhouse Community Center,

16600 NE 80 St, Redmond.

Instr: Janna Blakely. Loc: Old Redmond Schoolhouse Community Center Auditorium. Fee: \$2 at the door.



Age	Time	Days	Date
1-5 yrs & parent	10am-12pm	Tue, Thu	Sep 21-Dec 16



Through moving and music, Kindermusik activities help promote language development, symbolic thinking, coordination and social interaction while they awaken your child's imagination. Whether listening, moving, creating or reading music, singing, or playing an instrument, the focus is on process and not performance.

Kindermusik - Imagine That!

HELLO WEATHER, LET'S PLAY TOGETHER! Sunshine, clouds, rain, wind, storms...This fun, action-packed class provides an exciting experience with a myriad of creative weather-related musical adventures. Children will explore the long, smooth sounds of legato and the short quick sounds of staccato. They'll learn about fast and slow tempos and contrasting sounds between instruments while developing a steady beat. All of this while having fun singing, moving with streamers, scarves, parachute play, and playing many instruments like drums, shakers, glockenspiel, triangles wood and tone blocks, bells and more! Don't miss this extraordinary adventure! A materials fee of \$70 will be collected at the first class. No classes the weeks of Nov 22 and Dec 20-Jan 1. Instr: Allison Butler. Loc: Mills Music Studio. Fee: \$140R/\$168N.

Class#	Age	Time	Days	Date
14433	3-4 yrs & parent	12:30-1:15pm	Monday	Sep 13-Jan 10
14454	3-4 yrs & parent	11:30-12:15pm	Tuesday	Sep 14-Jan 11
14455	3-4 yrs & parent	12:30-1:15pm	Wednesday	Sep 15-Jan 12
14456	3-4 yrs & parent	2:15-3pm	Wednesday	Sep 15-Jan 12

Kindermusik Our Time

MILK AND COOKIES - Imagine the aroma of baking cookies, the coziness of the family kitchen, the anticipation and excitement of family sharing together. These moments at home are captured in this fun-filled, action packed class. Milk and Cookies songs and activities promotes interaction between child and parent/caregiver. Each class is filled with singing, playing lots of instruments, moving with streamers, scarves, and parachute play and having fun together! A materials fee of \$55 will be collected at the first class. No classes the weeks of Nov 22 and Dec 20-Jan 1.

Instr: Allison Butler. Loc: Mills Music Studio. Fee: \$140R/\$168N.

Class#	Age	Time	Days	Date
14414	18 mo-3 yrs & parent	9:45-10:30am	Monday	Sep 13-Jan 10
14415	18 mo-3 yrs & parent	10:35-11:20am	Monday	Sep 13-Jan 10
14416	18 mo-3 yrs & parent	9:45-10:30am	Tuesday	Sep 14-Jan 11
14417	18 mo-3 yrs & parent	10:35-11:20am	Tuesday	Sep 14-Jan 11
14452	18 mo-3 yrs & parent	9:45-10:30am	Wednesday	Sep 15-Jan 12
14453	18 mo-3 yrs & parent	10:35-11:20am	Wednesday	Sep 22-Jan 19
14419	18 mo-3 yrs & parent	9:35-10:20am	Thursday	Sep 15-Jan 12
14420	18 mo-3 yrs & parent	11:30-12:15pm	Thursday	Sep 16-Jan 13
14418	18 mo-3 yrs & parent	10:40-11:25am	Friday	Sep 17-Jan 14

Kindermusik Village

ZOOM BUGGY! Hop aboard to find out how many ways baby and parent/caregiver can zoom. Little Red Caboose and Pretty Baby are some of the favorites we'll move and play to. During the DREAM PILLOW class your baby will wiggle with delight as we move and swish to the May Pole dance with humongous scarves. Another classic favorite is Skinnamarink with streamer play. Each class is filled with exceptional music selections and each rich class experience will fill baby's senses with instrument play, puppet play, scarf and streamer exploration, creative movement and dance. Come sing, move cuddle and rock in a way that brings you closer to your baby. Don't miss the fun! A materials fee of \$70 will be collected at the first class. No classes the weeks of Nov 22 and Dec 20-Jan 1.

Instr: Allison Butler. Loc: Mills Music Studio. Fee: \$140R/\$168N.

Class#	Age	Time	Days	Date
14430	1-17 mos & parent	11:30-12:15pm	Monday	Sep 13-Jan 10
14451	1-17 mos & parent	11:30-12:15pm	Wednesday	Sep 15-Jan 12
14431	1-17 mos & parent	10:25-11:10am	Thursday	Sep 16-Jan 13
14432	1-17 mos & parent	9:45-10:30am	Friday	Sep 17-Jan 14

Baby Boogie Woogie

Creative movement through games and songs. Sing and dance to your all-time favorite songs! Children will learn spatial awareness, motor skills, and rhythm through music and group activities. Dress comfortably, wear tennis shoes. Maximum of 2 children per adult. Instr: Karen Renfro-Gielgens. Loc: Anderson Park Fullard House. Fee: \$59R/\$70N.

Class#	Age	Time	Days	Date
14271	1-3 yrs & parent	9:45-10:30am	Wednesday	Sep 15-Nov 3

Holiday Baby Boogie Woogie

Creative movement through holiday-themed games and songs. Dress comfortably, wear tennis shoes. Children will learn spatial awareness, motor skills and rhythm through music and group activities. Maximum of 2 children per adult. No class Nov 24. Instr: Karen Renfro-Gielgens. Loc: Anderson Park Fullard House. Fee: \$42R/\$50N.

Class#	Age	Time	Days	Date
14280	1-3 yrs & parent	9:45-10:30am	Wednesday	Nov 10-Dec 8

Let's Get Moving

Pull out your sweats and Let's Get Moving! Dance, march, fly, zoom, and really get moving! Start off with relaxing stretches for flexibility and then onto balancing moves. The dramatic movement section uses a variety of music to get your heart beating and put a smile on your face! End with a short relaxation bit that will leave us energized and ready to go! Bring a water bottle and wear socks. Fee includes all supplies. No class on Nov 26.

Instr: Tina-Joy Herrick. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$62R/\$74N.

Class#	Age	Time	Days	Date
14360	2 1/2-5 yrs	9:20-9:55am	Friday	Oct 8-Dec 10

Two's Toes: Dance & Movement

Focus is on movement and fun; incorporating elements of dance such as rhythm, balance, use of space and coordination. A starting basis for play at home with new ideas and take-home activities each week. Classes have different activities. Maximum of 2 children per adult.

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$55R/\$66N.

Class#	Age	Time	Days	Date
14384	6 months-3 yrs & parent	11:05-11:55am	Monday	Sep 27-Nov 1
14385	6 months-3 yrs & parent	11:05-11:55am	Monday	Nov 8-Dec 13



How to Read Class Info

Beginning Pony Workshop

Class name	For the young, first time rider. Learn basic safety, grooming and riding techniques will be taught.	Instructor
Description	Designed to prepare students for Just Horsin' Around I Western and English.	Resident Fee
Location	Location: F-M Park Barn. Fee: \$21R/\$24N	Non-Resident Fee
Class Number	Class # 10268	
Age of Participant	Age 4-8 yrs	
Class Time each day	Time 2:30-3:30pm	
Day(s) Class Meets	Days Saturday	
Start/End Dates	Date Oct 16	

See page 38 for map. Fee Waivers are available. Call the Recreation office at 425-556-2300 for application and details. Please write a separate check for each class if registering by mail. Thank you.

Science



A Child's Guide to Natural Disasters

If your child is thrilled with earthquakes, volcanoes, tsunamis, fires, and other forces of nature, come to this project-filled, playful class as we create our own versions of Mother Nature's power. We'll read some lively stories and remind ourselves how to stay safe. Dress to mess! Includes materials for projects that you'll keep on using at home. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$17R/\$20N.

Class#	Age	Time	Days	Date
14106	3-6 yrs & parent	1-2:30pm	Saturday	Oct 23

Charlotte's Web

Spend the morning at Farrel-McWhirter Park learning about our creepy crawly friends...SPIDERS! Make crafts, hear stories and then hunt for spiders and spider webs in the barns, meadows, and forests around the park.

Instr: Jean Grieve. Loc: Farrel-McWhirter Park Operations Building. Fee: \$13R/\$15N.

Class#	Age	Time	Days	Date
14211	3-5 yrs & parent	10-11am	Saturday	Oct 23

Native Americans Celebrate

Pretend you are a Native American child living with your tribe about 100 years ago. You can wear special outfits as you sit on blankets on the floor around the fire and listen to a Native American legend. You can grind corn, nuts, and berries with stones. Handle gourds, furs, animal hides, and papoose dolls, while you find out what they were used for. Learn what your homes would have been like, what you would have eaten and played with. You can make your own necklace and gathering bag to take home. At the end we will dance around the fire to authentic Native American music.

Instr: Jean Grieve. Loc: Farrel-McWhirter Park Operations Building. Fee: \$13R/\$15N.

Class#	Age	Time	Days	Date
14214	3-5 yrs & parent	10-11am	Saturday	Nov 6

Dino Tracks

How big were the dinosaurs? Walk in their tracks! Examine a T-Rex tooth, a giant shark tooth and a Velociraptor claw. Try on a dinosaur mask and claws to see yourself as a pre-historic creature. Participate in our dino dig and make your own dino tracks and pictures to take home.

Instr: Jean Grieve. Loc: Farrel-McWhirter Park Operations Building. Fee: \$13R/\$15N.

Class#	Age	Time	Days	Date
14215	3-5 yrs & parent	10-11am	Saturday	Dec 4



Sports

Gymnastics - Mighty Mites

Girls and boys 18-36 months old are led through a variety of activities on shapes, specialized gymnastics equipment, foam pits and trampolines. Promotes motor, social, and emotional development. Parent involvement is required during the FUN and stimulating activity. This program is in conjunction with and taught by Emerald City Gymnastics Academy staff, 17969 NE 65th St, Redmond, WA. 98052.

Instr: Emerald City Gymnastics. Loc: Emerald City Gymnastics Gym. Fee: \$45R/\$54N.

Class#	Age	Time	Days	Date
14603	18 mo-3 yrs & parent	9-9:45am	Monday	Sep 13-Oct 4
14604	18 mo-3 yrs & parent	9-9:45am	Wednesday	Sep 15-Oct 6
14605	18 mo-3 yrs & parent	9-9:45am	Monday	Oct 11-Nov 1
14606	18 mo-3 yrs & parent	9-9:45am	Wednesday	Oct 13-Nov 3
14607	18 mo-3 yrs & parent	9-9:45am	Monday	Nov 8-29
14608	18 mo-3 yrs & parent	9-9:45am	Wednesday	Nov 10-Dec 1



Seasons & Holidays

An Apple A Day

Come share in the bounty of the fall apple harvest! Visit the Farrel-McWhirter Park orchard to gather apples, then make applesauce and cider. Enjoy a snack of apple samplers, and join in apple songs, stories, and crafts. End the day with a harvest hay ride. Dress for getting messy during cider pressing and cleanup. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Farrel House. Fee: \$23R/\$27N.

Class#	Age	Time	Days	Date
14102	3-5 yrs & parent	9:30am-12pm	Saturday	Sep 25

Halloween Happenings

A fun-filled class of Halloween crafts and games at Farrel-McWhirter Park. Get into the harvest spirit by creating fun fall crafts and taking an old-fashioned tractor-pulled hay ride. Program ends with a special trip to the magical Halloween garden where children select their own pumpkins! Dress for the weather. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14110	2-4 yrs & parent	10-11:30am	Wednesday	Oct 27
14111	2-4 yrs & parent	10-11:30am	Saturday	Oct 30
14112	4-6 yrs & parent	1-2:30pm	Saturday	Oct 30



Turkey Lurkeys

Waddle down to Farrel-McWhirter Park and come celebrate the Thanksgiving season with crafts, stories, and activities. Make costumes, decorations, and go on a hunt for any turkeys lurking around. A fun gobble, gobble day! Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14116	2-5 yrs & parent	10-11:30am	Saturday	Nov 20
14117	2-5 yrs & parent	10-11:30am	Wednesday	Nov 24



Santa's Workshop

Parents, bring your children to enjoy good cheer and a taste of holidays past and present at Farrel-McWhirter Park! We'll make gifts for our loved ones while enjoying stories and singing carols. A light snack will be provided. Register each child separately, one parent per two children please.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14121	2-4 yrs & parent	10-11:30am	Wednesday	Dec 15
14122	3-6 yrs & parent	10-11:30am	Saturday	Dec 18



We offer a variety of pony program series for children 2-12 years old in both English and Western riding techniques at Farrel-McWhirter Park (see page 38 for map and directions). **DRESS YOUR CHILD FOR THE WEATHER** - Covered shoes or boots with a heel are recommended. No open-toed shoes allowed. Weight limit: 135 lbs. Helmets are provided or bring your own bike helmet. Please check your class confirmation receipt for specific pony program information. Pony classes are held rain or shine.

Preschool Pony Pal

Do you have a young child who is already begging for a pony? Well, here is the perfect opportunity to foster interest in horses and build confidence without leasing or buying a pony. Register for this program, and you and your child will receive training from our riding program staff. Each program is two forty-five minute sessions that will teach the basics of safety, grooming, saddling, and riding. The class format provides your child ample opportunity to learn the basics, enjoy quality riding time and get to know and care for their new pony pal, Penny.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$44R/\$52N.

Class#	Age	Time	Days	Date
14511	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Aug 31-Sep 2
14539	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Sep 1-3
14540	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Sep 7-9
14541	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Sep 8-10
14542	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Sep 14-16
14543	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Sep 15-17
14544	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Sep 21-23
14545	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Sep 22-24
14546	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Sep 28-30
14547	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Sep 29-Oct 1
14548	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Oct 5-7
14549	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Oct 6-8
14550	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Oct 12-14
14551	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Oct 13-15
14552	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Oct 19-21
14553	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Oct 20-22
14554	2-5 yrs & parent	9:45-10:30am	Tue, Thu	Oct 26-28
14555	2-5 yrs & parent	9:45-10:30am	Wed, Fri	Oct 27-29
14521	2-5 yrs & parent	9:30-10:15am	Tue, Thu	Nov 2-4
14522	2-5 yrs & parent	10:30-11:15am	Tue, Thu	Nov 2-4
14523	2-5 yrs & parent	9:30-10:15am	Wed, Fri	Nov 3-5
14524	2-5 yrs & parent	10:30-11:15am	Wed, Fri	Nov 3-5
14525	2-5 yrs & parent	12:45-1:30pm	Sunday	Nov 7-14
14526	2-5 yrs & parent	9:30-10:15am	Tue, Thu	Nov 9-11
14527	2-5 yrs & parent	10:30-11:15am	Tue, Thu	Nov 9-11
14528	2-5 yrs & parent	9:30-10:15am	Wed, Fri	Nov 10-12
14529	2-5 yrs & parent	10:30-11:15am	Wed, Fri	Nov 10-12
14530	2-5 yrs & parent	9:30-10:15am	Tue, Thu	Nov 16-18
14531	2-5 yrs & parent	10:30-11:15am	Tue, Thu	Nov 16-18
14532	2-5 yrs & parent	9:30-10:15am	Wed, Fri	Nov 17-19
14533	2-5 yrs & parent	12:45-1:30pm	Sunday	Nov 21-28
14534	2-5 yrs & parent	9-9:45am	Saturday	Dec 4-11
14535	2-5 yrs & parent	12:45-1:30pm	Sunday	Dec 5-12



COMING SOON!!!! School Grounds Espresso & More

Serving great coffee while pouring a cup of HOPE!

We are a non-profit organization. All proceeds will Be used to benefit the needs of women in Redmond.



**Grand Opening
Wednesday, Sept. 15**

Old Redmond Schoolhouse
Community Center
16600 NE 80 Street, Redmond

Bring this coupon and enjoy
One

**FREE espresso
drink**

with an equal value purchase!



Parent/Child Pony Workshop

For the young, first time rider: Learn basic safety, grooming and riding techniques with your parent. Designed to prepare students for Just Horsin' Around I Western and English classes. The only difference between this class and the Beginning Pony Workshop is that this class is a parent/child class. One child per adult, please.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$23R/\$27N.

Class#	Age	Time	Days	Date
14505	4-8 yrs & parent	4:10-5:10pm	Wednesday	Sep 1
14506	4-8 yrs & parent	9:30-10:30am	Saturday	Oct 2
14507	4-8 yrs & parent	11am-12pm	Saturday	Oct 30
14508	4-8 yrs & parent	11am-12pm	Saturday	Nov 20
14509	4-8 yrs & parent	9-10am	Saturday	Nov 27
14510	4-8 yrs & parent	2-3pm	Saturday	Nov 27



Beginning Pony Workshop

For the young, first time rider: Learn basic safety, grooming and riding techniques. Designed to prepare students for Just Horsin' Around I Western and English classes. The only difference between this class and the Parent/Child Pony Workshop is that this class is without your parent.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$23R/\$27N.

Class#	Age	Time	Days	Date
14500	4-8 yrs	4:10-5:10pm	Wednesday	Sep 8
14501	4-8 yrs	11am-12pm	Saturday	Oct 2
14502	4-8 yrs	11am-12pm	Saturday	Oct 9
14503	4-8 yrs	9:30-10:30am	Saturday	Nov 20
14504	4-8 yrs	10:30-11:30am	Saturday	Nov 27

We offer a variety of pony program series for children 2-12 years old in both English and Western riding techniques at Farrel-McWhirter Park (see page 38 for map and directions). **DRESS YOUR CHILD FOR THE WEATHER** - Covered shoes or boots with a heel are recommended. No open-toed shoes allowed. Weight limit: 135 lbs. Helmets are provided or bring your own bike helmet. Please check your class confirmation receipt for specific pony program information. Pony classes are held rain or shine.



Western Riding: Traditional cowboy-style originating in the Wild West and used today by ranchers working cattle, rodeo cowboys, and in pleasure/trail/mountain riding.



English Riding: This is a more formal riding style originating in Europe and very popular today in many parts of the world. This form of riding is the basis for many other advanced riding styles including dressage, hunter/jumper, eventing and polo.



Just Horsin' Around I - Western

Love horses? This class is for you! Learn to safely groom, saddle and ride a pony. Western riding techniques will be taught. Total class time is 4 hours.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$52R/\$59N.

Class#	Age	Time	Days	Date
14467	4-8 yrs	4:10-5:10pm	Tue, Thu	Sep 21-30
14468	5-8 yrs	1-3pm	Saturday	Oct 2-9
14469	4-8 yrs	4:10-5:10pm	Tue, Thu	Oct 5-14
14470	5-8 yrs	10am-12pm	Saturday	Dec 4-11

Just Horsin' Around II - Western

An opportunity to further build your child's knowledge of horsemanship. Develop riding skills through demonstration, riding time and games. Western riding techniques taught. Total class time is 4 hours. Prerequisite: Western Just Horsin' Around I.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$52R/\$59N.

Class#	Age	Time	Days	Date
14474	5-8 yrs	1-3pm	Saturday	Sep 18-25
14475	5-8 yrs	1-3pm	Saturday	Oct 16-23
14476	5-8 yrs	1-3pm	Saturday	Dec 4-11

Just Horsin' Around III - Western

Students should already feel comfortable with the groundwork skills learned in previous JHA program lessons. The main focus will be arena and trail riding. Geared to the overall group's ability level. Total class time is 4 hours. Prerequisite: Western Just Horsin' Around I & II.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$52R/\$59N.

Class#	Age	Time	Days	Date
14483	5-8 yrs	4:10-5:10pm	Monday	Sep 27-Oct 18
14484	5-8 yrs	1-3pm	Saturday	Oct 30-Nov 6
14485	5-8 yrs	1-3pm	Saturday	Nov 13-20

Just Horsin' Around I - English

Love horses? This class is for you! Learn to safely groom, saddle and ride a pony. English riding techniques will be taught. Dress for the weather. Total class time is 4 hours.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$52R/\$59N.

Class#	Age	Time	Days	Date
14471	4-8 yrs	4:10-5:10pm	Mon, Wed	Sep 13-22
14472	4-8 yrs	4:10-5:10pm	Wednesday	Oct 6-27
14473	5-8 yrs	2-4pm	Sunday	Nov 21-28

Just Horsin' Around II - English

An opportunity to further build your child's knowledge of horsemanship. Develop riding skills through demonstration, riding time and games. English riding techniques taught. Total class time is 4 hours. Prerequisite: English Just Horsin' Around I.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$52R/\$59N.

Class#	Age	Time	Days	Date
14477	5-8 yrs	4:10-5:10pm	Friday	Sep 3-24
14478	5-8 yrs	10am-12pm	Saturday	Oct 16-23
14479	5-8 yrs	2-4pm	Sunday	Dec 5-12

Just Horsin' Around III - English

Students should already feel comfortable with the groundwork skills learned in previous JHA program lessons. The main focus will be arena and trail riding. Geared to the overall group's ability level. Total class time is 4 hours. Prerequisite: English Just Horsin' Around I & II.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$52R/\$59N.

Class#	Age	Time	Days	Date
14480	5-8 yrs	4:10-5:10pm	Tue, Thu	Sep 7-16
14481	5-8 yrs	10am-12pm	Saturday	Sep 18-25
14482	5-8 yrs	2-4pm	Sunday	Oct 24-31



Junior Horse Masters - Beginning

Designed for the beginner child. Each child will be assigned to one specific pony. This allows the student to have more hands-on experience with their individual pony. Equestrian skill levels will be assessed to determine which level of training is required. Designed to be on-going and to help students develop equestrian skills and knowledge progressively. As a prerequisite, 8 year old students must have completed all of the JHA I, II & III programs. No equestrian experience required for 9-12 year olds. Total class time is 4 hours.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$79R/\$85N.

Class#	Age	Time	Days	Date
14486	8-12 yrs	1-3pm	Saturday	Sep 4-11
14487	8-12 yrs	4:10-5:10pm	Tue, Thu	Oct 19-28
14488	8-12 yrs	2-4pm	Sunday	Nov 7-14

Junior Horse Masters - Intermediate

Designed for the intermediate child who is 8 to 12 years old. Each child will be assigned to one specific pony. This allows the student to have more hands-on experience with their individual pony. Equestrian skill levels will be assessed to determine which level of training is required. Designed to be on-going and to help students develop equestrian skills and knowledge progressively. Total class time is 4 hours. Prerequisite: Junior Horse Masters Beginning

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$79R/\$85N.

Class#	Age	Time	Days	Date
14489	8-12 yrs	10am-12pm	Saturday	Sep 4-11
14490	8-12 yrs	4:10-5:10pm	Friday	Oct 1-22
14491	8-12 yrs	10am-12pm	Saturday	Nov 6-13



JHM Trail Ride

This program is designed to honor those students who have completed Junior Horse Masters/Beginning. Each participant works with their own assigned pony for the entire class. The trail ride through the forest at Farrel-McWhirter is a unique and invigorating experience. Sign up for any or all! Prerequisite: Junior Horse Masters -Beginning.

Instr: Staff. Loc: Farrel-McWhirter Park Barn. Fee: \$24R/\$27N.

Class#	Age	Time	Days	Date
14494	8-12 yrs	4:10-5:10pm	Thursday	Sep 2
14495	8-12 yrs	4:10-5:10pm	Wednesday	Sep 29
14496	8-12 yrs	9:30-10:30am	Saturday	Oct 9
14497	8-12 yrs	4:10-5:10pm	Monday	Oct 25
14498	8-12 yrs	4:10-5:10pm	Friday	Oct 29
14499	8-12 yrs	12:30-1:30pm	Saturday	Nov 27

Farrel-McWhirter Park Pony Club

Too old for pony class? Too young to get a horsey job; but looking for something in-between? The Pony Club at Farrel-McWhirter Park is a more than suitable solution!

The Pony Club will be celebrating eleven successful years with 30+ active members. These helpful volunteers assist pony instructors in teaching programs, leading ponies, and working with young equestrians who participate in the Farrel-McWhirter Park Pony Program. If active, volunteers have the opportunity to visit places such as Emerald Downs, breeding farms, go to rodeos, on camp outs, ice skating, etc. The off-site events are decided upon at monthly meetings run by Pony Club officers and members, with assistance from program leaders.

Get hands-on experience with ponies and farm animals, work with other adults and children, as well as earn riding lessons, and trainings. The age of applicants is 12 years old and up, with or without previous experience with horses. Applicants 10+ years with horse knowledge will be considered. The Pony Club dues of \$15 covers T-shirts and events. Scholarships are available. Call the Recreation Office at 425-556-2300 x3 for an information packet and application.

Preschool/ Youth

Kindermusik

Through moving and music, Kindermusik activities help promote language development, symbolic thinking, coordination and social interaction while they awaken your child's imagination. Whether listening, moving, creating or reading music, singing, or playing an instrument, the focus is on process and not performance.

Kindermusik for the Young Child **NEW!**

For your budding musician, this class provides a fun, pressure free, and developmentally appropriate environment where your child can succeed before taking on more formal instruction. In this fun, movement-oriented class, children develop their voice while learning the symbols and vocabulary of music making. Instrument playing skills are encouraged with the introduction of the glockenspiel (Yr. 1), recorder and dulcimer (Yr. 2). The introduction of each instrument is presented purposefully to ensure just the right amount of motivation, challenge and success for each child. Rhythm concepts are enforced using instruments such as: wood blocks, rhythm sticks, drums, triangles and more. Listening activities strengthen the ability to discern a variety of musical instruments and musical theory concepts. Through creative activities the children begin to learn about reading and writing music. An additional materials fee of \$80 is paid to the instructor on the first day of class. Students enrolling in Yr 2 must be a graduate of Young Child Yr 1 **OR** 6 years old.

Instr: Staff. Loc: Mills Music Studio. Fee: \$180R/\$210N.

Class#	Age	Time	Days	Date
14457	4-7 yrs, Yr 1	12:30-1:30pm	Tuesday	Sep 14-Jan 11
14458	4-7 yrs, Yr 1	3:35-4:35pm	Wednesday	Sep 15-Jan 12
14459	4-7 yrs, Yr 2	4:40-5:40pm	Wednesday	Sep 15-Jan 12
14460	4-7 yrs, Yr 2	12:45-1:45pm	Thursday	Sep 16-Jan 13

Beyond Kindermusik -NEW!

For children ages 6 to 9+ years old. Children need to have many opportunities to explore music through FUN! This class will be a wonderful musical adventure as we play the recorder, sing in the choir, study Music History and Theory. All without the pressures to perform, but opportunities to be part of a group and work together as we learn. An additional materials fee of \$50 will be paid to the instructor on the first day of class. No classes the weeks of Nov 22 and Dec 20-Jan 1.

Instr: Staff. Loc: Mills Music Studio. Fee: \$180R/\$210N.

Class#	Age	Time	Days	Date
14466	6-10 yrs	5:45-6:45pm	Wednesday	Sep 15-Jan 12

Move Over Mozart

Move Over Mozart is a piano-learning program designed for children ages 3 to 10 years old. Each 30-minute class of 6 students meets once a week. Each week students will learn new songs on the piano and music theory through various interactive games. The clincher is that they enjoy these lessons! Parents will receive communications and there will be piano recitals. New students are now being accepted. For more information contact us at 425-415-6520, or momozart@juno.com. An annual materials fee of \$10 is payable to the instructor on the first day of class. No class 11/27.

Instr: Move Over Mozart. Loc: Old Redmond Schoolhouse Community Center Room 207. Fee: \$79R/\$94N.

Class#	Age	Time	Days	Date
14642	7-10 yrs	9:30-10am	Saturday	Oct 2-Dec 11
14643	5-6 yrs	10-10:30am	Saturday	Oct 2-Dec 11
14644	3-4 yrs	10:30-11am	Saturday	Oct 2-Dec 11
14645	3-4 yrs	11-11:30am	Saturday	Oct 2-Dec 11

DramaVentures

Tina-Joy, owner/instructor of DramaVentures, holds a degree in Theatre Arts and Drama from Washington State University and has been teaching drama in the Seattle area for seven years.

DramaVentures Preschool Players

Art, drama, music and more! If you had fun at camp this summer this wacky class is for you! 10 weeks of creating songs, dances and short plays featuring different folk and fairy tales. Lots of acting and creating using your imagination, body and voice. Design your own costumes to wear on the last day of class for the play. Special Halloween party on Oct 29th. Please bring a white T-shirt to tie-dye on the first day of class. Bring a snack and water bottle to each class. \$15 supply fee included in price. No class Nov 26.

Instr: Tina-Joy Herrick. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$115R/\$138N.

Class#	Age	Time	Days	Date
14369	4-6 yrs	10-11:30am	Friday	Oct 8-Dec 17

Dynamic Drama After School

Art, drama, music and more! If you had fun in camp this summer this wacky class is for you! 10 weeks of creating songs, dances, and short plays featuring different fairy tales. Come express yourself - using your imagination, body and voice. Write your own play and design your own costumes to wear for the play on the last day. Please bring a white T-shirt to the first class to tie-dye. \$15 supply fee included in price. No class Nov 25.

Instr: Tina-Joy Herrick. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$115R/\$138N.

Class#	Age	Time	Days	Date
14375	5-7 yrs	4-5:30pm	Thursday	Oct 7-Dec 16

Dance - Youth



Beginning movement through easy and fun dance steps. Emphasis on developing coordination, rhythm, flexibility, social skills, and teamwork. Parents may observe only after the third class meeting. For placement clarification or questions, call instructor Thea Huijgen at 360-668-4238.

Pre-Ballet - Creative Movement

Emphasizes motor and coordination skills. Prerequisite: Must be 3 years old by September 1, 2004. Children must be

able to follow directions and participate in a group setting WITH-OUT a parent present. Parents may observe only after the third class meeting. Ballet slippers required.

Instr: Thea Huijgen. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$70R/\$84N.

Class#	Age	Time	Days	Date
14631	3-4 yrs	10-10:45am	Thursday	Sep 16-Nov 18

Ballet Ages 4 - 5

Prerequisite for 4 year-olds is previous experience in Pre-Ballet or instructor's permission. Emphasis on developing coordination, rhythm, flexibility, social skills and teamwork. Parents may observe only after the third class meeting. Ballet slippers required.

Instr: Thea Huijgen. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$70R/\$84N.

Class#	Age	Time	Days	Date
14632	4-5 yrs	11-11:45am	Thursday	Sep 16-Nov 18



Ballet Ages 6 - 8

Includes warm-up, barre work, stretches and dance combinations. Ballet slippers required.

Instr: Thea Huijgen. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$90R/\$108N.

Class#	Age	Time	Days	Date
14633	6-8 yrs	3:45-4:45pm	Tuesday	Sep 21-Nov 23



Ballet/Tap Combo Ages 6 - 8

Develop coordination, rhythm, flexibility, grace, and poise with the basics of both ballet and tap. Includes warm up, barre work, stretches, and dance combinations in both techniques. Ballet slippers and tap shoes required.

Instr: Thea Huijgen. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$90R/\$108N.

Class#	Age	Time	Days	Date
14634	6-8 yrs	4:55-5:55pm	Tuesday	Sep 21-Nov 23

Ballet/Tap Combo Ages 8-12

Prerequisite for 8 year-olds is previous experience in Combo 6-8 or instructor's permission. Ballet slippers and tap shoes required.

Instr: Thea Huijgen. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$90R/\$108N.

Class#	Age	Time	Days	Date
14636	8-12 yrs	6:05-7:05pm	Tuesday	Sep 21-Nov 23

Hip-Hop Pop Kids

Grab a friend and come get your groove on in this fun and challenging class! Includes warm up, stretching, and continuing dance combinations. The instructor is careful to avoid the negative aspects of the hip-hop culture. No class Nov 22.

Instr: Melanie Williams. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$81R/\$97N.

Class#	Age	Time	Days	Date
14641	8-12 yrs	5:10-6pm	Monday	Sep 13-Dec 6



DancePlay (Ballet/Jazz) Ages 4-6

Focuses on fun for your child while he/she learns the foundations of movement concepts and dance techniques. Enjoy creative warm-up exercises and songs, move across the floor and enjoy movement/dance exercises. Work on coordination, rhythm, imagination and following directions, all while having FUN! Enhanced with props and occasional projects. Sessions have different focuses while reinforcing fundamentals so signing up for multiple sessions encouraged. All materials included.

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$45R/\$54N.

Class#	Age	Time	Days	Date
14386	4-6 yrs	12:05-12:50pm	Monday	Sep 27-Nov 1
14387	4-6 yrs	12:05-12:50pm	Monday	Nov 8-Dec 13

DancePlay (Ballet/Jazz) Ages 4-7

Focuses on fun for your child while he/she learns the foundations of movement concepts and dance techniques. Enjoy creative warm-up exercises and songs, move across the floor and enjoy movement/dance exercises. Work on coordination, rhythm, imagination and following directions, all while having FUN! Enhanced with props and occasional projects. Sessions have different focuses while reinforcing fundamentals so signing up for both sessions encouraged. All materials included.

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$45R/\$54N.

Class#	Age	Time	Days	Date
14434	4-7 yrs	11:20-12:05pm	Saturday	Sep 11-Oct 23
14436	4-7 yrs	11:20-12:05pm	Saturday	Oct 30-Dec 11

DancePlay Ballet/Jazz Ages 5-7

Focuses on fun for your child while he/she learns the foundations of movement concepts and dance techniques. Enjoy creative warm-up exercises and songs, move across the floor and enjoy movement/dance exercises. Work on coordination, rhythm, imagination and following directions, all while having FUN! Enhanced with props and occasional projects. Sessions have different focuses while reinforcing fundamentals so signing up for multiple sessions encouraged. All materials included. No class on 11/25.

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$45R/\$54N.

Class#	Age	Time	Days	Date
14388	5-7 yrs	4:15-5pm	Thursday	Sep 16-Oct 21
14389	5-7 yrs	4:15-5pm	Thursday	Oct 28-Dec 9

Ballet/Jazz Ages 7-9

Class based on ballet and jazz techniques. Begin with stretches, technique work, isolations/warm-up, and practicing coordination in the center. Then put that practice into motion by moving across the floor and working on dance combinations. Supportive and fun environment with occasional use of creative movement. Set to children's and appropriate contemporary music. Students are encouraged to take multiple sessions. Best for children with at least a year of ballet or DancePlay or 9 year old beginners. No class Nov 25

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$55R/\$66N.

Class#	Age	Time	Days	Date
14391	7-9 yrs	5:05-5:50pm	Thursday	Sep 16-Oct 21
14392	7-9 yrs	5:05-5:50pm	Thursday	Oct 28-Dec 9

Mom and Daughter Ballet/Jazz, ages 8+

Moms bring your daughters; or daughters bring your Moms! Begin with stretches, technique work, isolations/warm-ups and practicing coordination in the center/at barre, along with some partner work. Then, put that practice into motion by jumping, turning, etc. and working on dance combinations. Supportive and fun environment. Set to children's and appropriate contemporary music. Students are encouraged to take both sessions.

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$27.50(R)/\$33N.

Class#	Age	Time	Days	Date
14441	8+ yrs	6-7pm	Thursday	Sep 16-Oct 21
14442	8+ yrs	6-7pm	Thursday	Oct 28-Dec 9



Martial Arts

Kinder Karate

Introduce your young child to the martial art of karate. This program teaches basic directional skill and coordination while incorporating the etiquette and terminology of this Japanese art. Students learn basic punches, kicks, blocks and stances in the form of structured drills and games, as well as developing strength, coordination, flexibility and balance. The instructors are international champions and current USA Karate Team members. Classes are taught at the Washington Karate Association, a nationally and internationally recognized school for over 37 years. The Bellevue Dojo is located at 14906 Bel-Red Road, 425-641-8123. Please have your child wear loose, comfortable clothing.

Instr: Staff Washington Karate Assn. Loc: Washington Karate Association Studio. Fee: \$168R/\$202N.

Class#	Age	Time	Days	Date
14295	3-6 yrs	12:30-1:15pm	Saturday	Sep 4-Nov 20

TaeKwonDo

Taekwondo translates as "foot hand way". Kicks, hand techniques, and patterns are practiced during this class. Board breaking and non-contact sparring, warm-ups and cool downs are included in the practice of this traditional Korean art. Flexibility, strength, balance and self-confidence are all improved in this enjoyable group class! We welcome people of all ranks, beginner through advanced, ages 6 through adult. No class Sept 6 & Dec 27.

Instr: Trained Staff Enso Center. Loc: ENSO Center 8410 165 Ave NE, Redmond. Fee: \$45R/\$54N.

Class#	Age	Time	Days	Date
14578	6+ yrs	3:45-4:35pm	Mon, Wed	Sep 1-29
14579	6+ yrs	4:40-5:30pm	Mon, Wed	Sep 1-29
14580	6+ yrs	3:45-4:35pm	Mon, Wed	Oct 4-27
14581	6+ yrs	4:40-5:30pm	Mon, Wed	Oct 4-27
14582	6+ yrs	3:45-4:35pm	Mon, Wed	Nov 1-29
14583	6+ yrs	4:40-5:30pm	Mon, Wed	Nov 1-29
14584	6+ yrs	3:45-4:35pm	Mon, Wed	Dec 1-29
14585	6+ yrs	4:40-5:30pm	Mon, Wed	Dec 1-29

Sports

Mini-Sports Indoor T-Ball

Work on T-Ball basics, such as throwing, catching, hitting off a tee, base running, and more! Drills and specialized games will help to develop a general understanding and appreciation for baseball. Please provide a baseball glove.

Instr: John Bailie. Loc: Old Redmond Schoolhouse Community Center Gym. Fee: \$40R/\$48N.

Class#	Age	Time	Days	Date
14662	4-6 yrs	5:45-6:30pm	Wednesday	Sep 22-Oct 27
14663	4-6 yrs	6:45-7:30pm	Wednesday	Sep 22-Oct 27

Mini-Sports Indoor Soccer

Teaches children the basic fundamentals of soccer. Participate in drills, specialized games, and scrimmages that help develop a general understanding and appreciation for soccer.

Instr: John Bailie. Loc: Old Redmond Schoolhouse Community Center Gym. Fee: \$40R/\$48N.

Class#	Age	Time	Days	Date
14296	4-6 yrs	5:45-6:30pm	Monday	Sep 20-Oct 25
14297	4-6 yrs	6:45-7:30pm	Monday	Sep 20-Oct 25

Mini-Sports Basketball

Learn to catch, dribble, pass and shoot a basketball through drills, specialized games, and scrimmages. Positive attitude, fair play and fun are emphasized.

Instr: John Bailie. Loc: Old Redmond Schoolhouse Community Center Gym. Fee: \$40R/\$48N.

Class#	Age	Time	Days	Date
14656	4-6 yrs	5:15-6pm	Monday	Nov 1-Dec 6
14657	4-6 yrs	6:15-7pm	Monday	Nov 1-Dec 6

Gymnastics - Mini-Munchkins

Girls and boys, 3-4 years of age, learn to develop coordination, muscle strength, flexibility, balance, visual, and motor skills. Parents are invited to watch from the viewing area, but do not participate. Specialized mat shapes, equipment, trampolines and musical warm-ups help create lots of FUN. This program is in conjunction with and taught at Emerald City Gymnastics Academy, 17969 NE 65 St, Redmond, WA 98052.

Instr: Emerald City Gymnastics. Loc: Emerald City Gymnastics Gym. Fee: \$45R/\$54N.

Class#	Age	Time	Days	Date
14609	3-4 yrs	9-9:45am	Monday	Sep 13-Oct 4
14610	3-4 yrs	1-1:45pm	Tuesday	Sep 14-Oct 5
14612	3-4 yrs	9-9:45am	Wednesday	Sep 15-Oct 6
14613	3-4 yrs	9-9:45am	Monday	Oct 11-Nov 1
14614	3-4 yrs	1-1:45pm	Tuesday	Oct 12-Nov 2
14616	3-4 yrs	9-9:45am	Wednesday	Oct 13-Nov 3
14617	3-4 yrs	9-9:45am	Monday	Nov 8-29
14618	3-4 yrs	1-1:45pm	Tuesday	Nov 9-30
14620	3-4 yrs	9-9:45am	Wednesday	Nov 10-Dec 1

Redwood Junior Golf

The Junior Golfers will learn club-swings, rules, and etiquette taught by PGA Professional Instructors. We encourage you to bring your own clubs but you can also use rental clubs. Students will receive a 10% discount on a Junior Golf Set at Redwood Golf Center. Location is 13029 Redmond-Woodinville Rd NE, Redmond.

Instr: Trained Staff Redwood Golf Center. Loc: Redwood Golf Center Driving Range. Fee: \$80R/\$96N.

Class#	Age	Time	Days	Date
14291	6-17 yrs	4:30-5:30pm	Wednesday	Sep 1-22
14292	6-17 yrs	4:30-5:30pm	Wednesday	Oct 6-27
14293	6-17 yrs	4:30-5:30pm	Wednesday	Nov 3-24



Soccer Tech Indoor Soccer Clinic

Michael Smith, Director of Soccer Tech, will instruct kids ages 4-6 in the proper fundamentals of soccer. Learn skills such as dribbling, passing, and defense while participating in a fun environment. No class will be held on Wed, 11/24.

Instr: Michael Smith. Loc: Old Redmond Schoolhouse Community Center Gym. Fee: \$54R/\$64N.

Class#	Age	Time	Days	Date
14225	4-6 yrs	11-11:45am	Monday	Sep 20-Oct 25
14226	4-6 yrs	1-1:45pm	Monday	Sep 20-Oct 25
14227	4-6 yrs	2-2:45pm	Monday	Sep 20-Oct 25
14228	4-6 yrs	11-11:45am	Wednesday	Sep 22-Oct 27
14229	4-6 yrs	1-1:45pm	Wednesday	Sep 22-Oct 27
14230	4-6 yrs	2-2:45pm	Wednesday	Sep 22-Oct 27
14231	4-6 yrs	11-11:45am	Monday	Nov 1-Dec 6
14232	4-6 yrs	1-1:45pm	Monday	Nov 1-Dec 6
14233	4-6 yrs	2-2:45pm	Monday	Nov 1-Dec 6
14234	4-6 yrs	11-11:45am	Wednesday	Nov 3-Dec 15
14235	4-6 yrs	1-1:45pm	Wednesday	Nov 3-Dec 15
14236	4-6 yrs	2-2:45pm	Wednesday	Nov 3-Dec 15

Youth Basketball Clinic

This clinic will provide kids with an opportunity to enhance their basketball skills. Grades 1-3 on Tuesdays and Grades 3-6 on Thursdays. Skills such as ball-handling, passing, defense, and shooting will be instructed by Karen Greytak, Assistant Basketball Camp Director at the Parks and Recreation Department. Other instructors will also be used to keep approximately a 1:8 ratio of coaches:kids.

Loc: Old Redmond Schoolhouse Community Center Gym. Fee: \$42R/\$50N.

Class#	Age	Time	Days	Date
14221	6-9 yrs	5:30-6:30pm	Tuesday	Sep 21-Oct 26
14222	9-12 yrs	5:30-6:30pm	Thursday	Sep 23-Oct 28



YOUTH BASKETBALL LEAGUE

(Boys & Girls Grades 1-6)

Resident Registration:

Tuesday, September 14 – Thursday, October 14

Non-Resident Registration:

Tuesday, September 21 – Thursday, October 14

Registration forms for the 2004-2005 Winter Youth Basketball league will be distributed through the local schools within the Lake Washington School District and Redmond City limits in early September. You may also stop by the Old Redmond School House Community Center located at 16600 NE 80th Street, Redmond to pick one up on or after September 1.

Resident registration will begin on Tuesday, September 14. Non-resident registration will begin on Tuesday, September 21. The deadline for all registrations is Thursday, October 14 at 5:00pm. If you do not register by this date your child will be placed on a waitlist.

SEASON

Practice will start the week of November 15. League games will begin December 4. The season is scheduled to conclude in late-February or early March.

TEAMS

Teams are assigned by the Redmond Parks & Recreation Department. Coaches will be assigned to teams after the teams are formed. Teams in this league will be assigned according to each child's grade level and the school they attend. Divisions will be as follows:

Boys: Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, & Grade 6

Girls: Grades 1-2, Grades 3-4, & Grades 5-6

We will try to keep all children at their school of registration but there is always the possibility that they may play for a neighboring school if there are not enough kids from their home school. If there are enough kids from your child's grade and school to form more than one team, we will split the players up into teams randomly. However, players may request to be on a team with **one** friend, if they follow this list of guidelines:

1. Registration forms must be turned in at the same time
2. Registration forms must be stapled together and in an envelope
3. Both registration forms must list the other as a buddy
4. Both players must be in the same grade

- Volunteer coaches who would like to coach together must buddy their children together using this system or there will be no guarantee that they will coach together or that their children will be on the same team.
- Please do not bring in more than one buddy, or a stack of registration forms asking us to put them all on one team. We cannot do this!

Volunteer Coaches Needed!

To keep this program running we must find great coaches willing to donate their time for this great group of children. The Parks and Recreation Department is now recruiting volunteer coaches and will be recruiting until we fill all coaching positions. If you are interested in coaching or assisting with this year's youth basketball program, please call 425-556-2300 ext 3.

Basketball Officials Needed!

The Redmond Parks and Recreation Department is hiring officials for the Youth Basketball League. (The pay ranges from \$8.50 - \$10.00 per game.) We will have a training clinic that will be mandatory for all officials. After this training we will finalize all staff for the season. Applicants must attend all training sessions in order to be considered for hire. Please call 425-556-2300 ext 3 for more details.

Parent/Guardian Meeting

Anyone who has a child in the Youth Basketball League is greatly urged to attend this meeting. We don't require you to be at this meeting but many of your general questions will be answered before the season gets started. It has been our experience that many people have the same questions so this is a good time to get all of them answered at one time!

Date: Thursday, October 14, 6-7pm
Location: Old Redmond Schoolhouse Community Center, Room 103

Tennis - Youth

Created by Marceil Whitney, USPTA Tennis Professional and Redmond Parks Department instructor for over two decades. She is also an inductee into the International Tennis Hall of Fame. Each instructor is trained and supervised by Marceil. Children have fun and build confidence and skills within their tennis game, improving motor skills, dexterity and coordination. ALL EQUIPMENT IS PROVIDED. No class Nov 27th.

Instructors: Marceil Whitney Trained Staff.

Location: Old Redmond Schoolhouse Community Center Gym. (December 4 in Auditorium)

Teenie Tennis: Court Jesters (3-4yrs)

Fee: \$28R/\$34N.

Class#	Age	Time	Days	Date
14593	3-4 yrs	9-9:45am	Saturday	Sep 11-Oct 2
14594	3-4 yrs	9-9:45am	Saturday	Oct 9-30
14595	3-4 yrs	9-9:45am	Saturday	Nov 6-Dec 4

Teenie Tennis: Super Mites (5-6 yrs)

Fee: \$32R/\$39N.

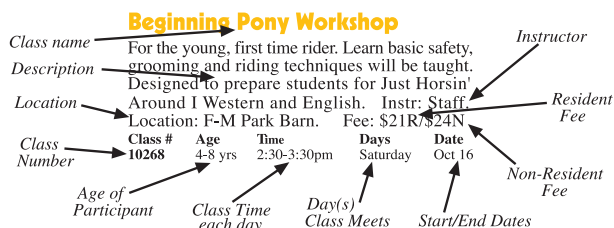
Class#	Age	Time	Days	Date
14596	5-6 yrs	10-11am	Saturday	Sep 11-Oct 2
14597	5-6 yrs	10-11am	Saturday	Oct 9-30
14598	5-6 yrs	10-11am	Saturday	Nov 6-Dec 4

Teenie Tennis: Future Champs (7-9 yrs)

Fee: \$32R/\$39N.

Class#	Age	Time	Days	Date
14599	7-9 yrs	11:15am-12:15pm	Saturday	Sep 11-Oct 2
14600	7-9 yrs	11:15am-12:15pm	Saturday	Oct 9-30
14601	7-9 yrs	11:15am-12:15pm	Saturday	Nov 6-Dec 4

How to Read Class Info



See page 38 for map. Fee Waivers are available. Call the Recreation office at 425-556-2300 for application and details. Please write a separate check for each class if registering by mail. Thank you.

425-556-2300

See a class here that you are interested in but it doesn't fit your schedule or maybe you are looking for a class that isn't currently offered? Please contact Cindy Johnson at 425-556-2393 or cjohnson@redmond.gov with feedback or comments.



Homeschool: Narrative Writing

Writing can serve so many purposes in life: to entertain, persuade, inform, share experiences and emotions, even to goad someone into action! Learn to express your purpose clearly as we work on grammar and punctuation while exploring different forms of nonfiction. No class 11/23.

Instr: LeAnne Woolf.

Loc: Old Redmond Schoolhouse Community Center Room 207.

Fee: \$25R/\$30N.

Class#	Age	Time	Days	Date
14337	9-13 yrs	1-1:55pm	Tuesday	Sep 21-Oct 12
14338	9-13 yrs	1-1:55pm	Tuesday	Oct 19-Nov 9
14339	9-13 yrs	1-1:55pm	Tuesday	Nov 16-Dec 14

Homeschool: PE

Participate in a variety of sports including soccer, basketball, volleyball, plus many more. Build skills in a fun and non-threatening environment that also includes playing games that promote teamwork and sportsmanship. You will be encouraged to try out new skills and improve the ones you already have. No class 11/23.

Instr: Deanna Kirk.

Loc: Old Redmond Schoolhouse Community Center Gym.

Fee: \$25R/\$30N.

Class#	Age	Time	Days	Date
14319	5-8 yrs	1-1:50pm	Tuesday	Nov 16-Dec 14
14320	9-13 yrs	2-2:50pm	Tuesday	Nov 16-Dec 14

Homeschool: Math I

Increase your skills and develop a stronger relationship with the associative and commutative laws, multiplication, division, fractions and geometry through lecture and hands-on projects. Pace of class determined by ability level of those enrolled. No class 11/24.

Instr: LeAnne Woolf.

Loc: Old Redmond Schoolhouse Community Center Room 204.

Fee: \$25R/\$30N.

Class#	Age	Time	Days	Date
14342	8-11 yrs	10-10:55am	Wednesday	Sep 22-Oct 13
14343	8-11 yrs	10-10:55am	Wednesday	Oct 20-Nov 10
14344	8-11 yrs	10-10:55am	Wednesday	Nov 17-Dec 15



Homeschool: Math II

Designed for students ready to explore trigonometry, algebra, tables, graphs and statistics. Pace of class determined by ability level of those enrolled. No class 11/24.

Instr: LeAnne Woolf.

Loc: Old Redmond Schoolhouse Community Center Room 204.

Fee: \$25R/\$30N.

Class#	Age	Time	Days	Date
14347	11-13 yrs	11-11:55am	Wednesday	Sep 22-Oct 13
14348	11-13 yrs	11-11:55am	Wednesday	Oct 20-Nov 10
14349	11-13 yrs	11-11:55am	Wednesday	Nov 17-Dec 15

Homeschool: Science I

Experience how fun it can be to learn and to ask questions! An introduction to the world of science, these classes will cover an overview of the kingdoms, plants, food webs, and the physics of living things through hands-on experiences. No class 11/23.

Instr: LeAnne Woolf.

Loc: Old Redmond Schoolhouse Community Center Room 207.

Fee: \$25R/\$30N.

Class#	Age	Time	Days	Date
14327	6-9 yrs	10-10:55am	Tuesday	Sep 21-Oct 12
14328	6-9 yrs	10-10:55am	Tuesday	Oct 19-Nov 9
14329	6-9 yrs	10-10:55am	Tuesday	Nov 16-Dec 14

Homeschool: Science II

A more detailed, mathematical approach to the world of science, these classes will cover the kingdoms, plants, food webs, and the physics of living things through lecture and interactive questioning. No class 11/23.

Instr: LeAnne Woolf.

Loc: Old Redmond Schoolhouse Community Center Room 207.

Fee: \$25R/\$30N.

Class#	Age	Time	Days	Date
14332	10-13 yrs	11-11:55am	Tuesday	Sep 21-Oct 12
14333	10-13 yrs	11-11:55am	Tuesday	Oct 19-Nov 9
14334	10-13 yrs	11-11:55am	Tuesday	Nov 16-Dec 14



Homeschool: Creative Writing

Bring your sense of humor to class and discover how learning can be fun! We'll work on vocabulary building, reading aloud skills, and getting comfortable with parts of speech and grammar through works of fiction, poetry and writing exercises. No class 11/24.

Instr: LeAnne Woolf.

Loc: Old Redmond Schoolhouse Community Center Room 204.

Fee: \$25R/\$30N.

Class#	Age	Time	Days	Date
14352	7-13 yrs	1-1:55pm	Wednesday	Sep 22-Oct 13
14353	7-13 yrs	1-1:55pm	Wednesday	Oct 20-Nov 10
14354	7-13 yrs	1-1:55pm	Wednesday	Nov 17-Dec 15

Homeschool: Hand Drumming

Get ready to make some noise! Join us as we learn traditional hand-frame drumming of the Middle East, North Africa and Central Asia. We'll play simple and exotic rhythmic patterns and sing drum vocalizations. All equipment provided. Parent participation welcome but not required. No class 11/24.

Instr: Tim McCarthy.

Loc: Old Redmond Schoolhouse Community Center Room 103.

Fee: \$20R/\$24N.

Class#	Age	Time	Days	Date
14443	5-8 yrs	10-10:25am	Wednesday	Sep 22-Oct 27
14444	5-8 yrs	10-10:25am	Wednesday	Nov 3-Dec 15
14445	9-13 yrs	10:30-11am	Wednesday	Sep 22-Oct 27
14446	9-13 yrs	10:30-11am	Wednesday	Nov 3-Dec 15

Little Scientists Ages 3-5

Lots of hands-on science projects and experiments that are safe, fun and sometimes messy as we dive into the world of magnetic force, temperature, insulation and more. Develop a strong sense of cause-and-effect, scientific instincts, and correlations by experimenting and observing the results. Exploration and discovery are encouraged. Must be potty trained. No class on Nov 26.

Instr: Mei Brill. Loc: Old Redmond Schoolhouse Community Center Room 207. Fee: \$72R/\$85N.

Class#	Age	Time	Days	Date
14208	3-5 yrs	9:45-10:30am	Friday	Nov 5-Dec 17

Little Scientists Ages 4-6

Through safe, fun experiments learn about time, measurement, density, static, friction, and more. Students will be encouraged to make educated predictions and to pursue further curiosity in order to strengthen their concepts of scientific principles and mathematics.

Instr: Mei Brill. Loc: Old Redmond Schoolhouse Community Center Room 207. Fee: \$72R/\$85N.

Class#	Age	Time	Days	Date
14209	4-6 yrs	10-10:45am	Friday	Sep 17-Oct 22

Magic Pre-Reading

Open the door to the wonderful world of reading. Explore letters, sounds and sight words through playful songs and games. Includes all class materials, certificate of reading achievement, your child's choice of a free book during our 'Book Walk' game and a treat at the Magic Reading Book Club party on the last day.

Instr: Chateau Educational Enterprises. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$90R/\$108N.

Class#	Age	Time	Days	Date
14361	4-6 yrs	4:05-4:30pm	Monday	Sep 20-Nov 22

Magic Beginning Reading

Explore how words are created by blending sounds together using phonetic rules and games. Includes all class materials, certificate of reading achievement, your child's choice of a free book during our 'Book Walk' game and a treat at the Magic Reading Book Club party on the last day.

Instr: Chateau Educational Enterprises. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$125R/\$150N.

Class#	Age	Time	Days	Date
14367	5-7 yrs	4:35-5:30pm	Monday	Sep 20-Nov 22

Magic Reading

Increase your reading vocabulary and build more advanced phonetic skills using fun and challenging reading games. Includes all class materials, certificate of reading achievement, your child's choice of a free book during our 'Book Walk' game and a treat at the Magic Reading Book Club party on the last day.

Instr: Chateau Educational Enterprises. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$125R/\$150N.

Class#	Age	Time	Days	Date
14368	6-10 yrs	4:35-5:30pm	Monday	Sep 20-Nov 22



Magic Math

Architecture and Construction! Create marshmallow structures, mini elevators and buildings to put in a group city. Learn a math dice trick, use calculators for an activity based on weights and gravity, create line designs and solve mathematical mind benders. Play math skills games and work on 'Hershey's Weights and Measures' (this will definitely be a treat day!).

Instr: Chateau Educational Enterprises. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$100R/\$120N.

Class#	Age	Time	Days	Date
14370	6-12 yrs	5:35-6:30pm	Monday	Sep 20-Nov 22

Magic Chess

Chess has been shown to increase students' critical thinking skills and enhance memory, recognition of patterns, logic, awareness and analysis. Learn to play chess as well as amazing strategies to improve your game! Class is for beginning and intermediate players. Beginning players will start with the basics and move up from there. The more advanced players will start with higher-level chess. Instr: Chateau Educational Enterprises. Loc: Old Redmond Schoolhouse Community Center Room 204. Fee: \$95R/\$114N.

Class#	Age	Time	Days	Date
14371	6-12 yrs	6-7pm	Tuesday	Sep 21-Nov 23



Cooking

Mini Chefs

Prepare, bake and eat your own tasty simple snacks and treats. A different recipe will be covered in each class and a Mini Chefs cookbook is provided. (Class is for child only.)
Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Adair House.
Fee: \$67R/\$79N.

Class#	Age	Time	Days	Date
14265	3-5 yrs	1:15-2pm	Wednesday	Sep 15-Nov 3

Holiday Mini Chefs

A special session with holiday themed recipes. A Mini Chefs cookbook is provided. (Class is for child only.) No class Nov 24.
Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Adair House.
Fee: \$42R/\$50N.

Class#	Age	Time	Days	Date
14278	3-5 yrs	1:15-2pm	Wednesday	Nov 10-Dec 8

Junior Chefs

Get ready to prepare, bake, and eat your own tasty treats with simple recipes. Learn the basics of measuring, nutrition and safety. A different recipe will be covered each class and a Junior Chefs cookbook will be provided.

Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Adair House.
Fee: \$67R/\$79N.

Class#	Age	Time	Days	Date
14267	5-8 yrs	3:30-4:15pm	Wednesday	Sep 15-Nov 3

Holiday Junior Chefs

A special session with holiday themed recipes. A Junior Chefs cookbook is provided. No class Nov 24.

Instr: Karen Renfroe-Gielgens. Loc: Anderson Park Adair House.
Fee: \$42R/\$50N.

Class#	Age	Time	Days	Date
14276	5-8 yrs	3:30-4:15pm	Wednesday	Nov 10-Dec 8



School's Out

After School Drop-In Program

Designed to provide a variety of safe and fun activities for youth in grades 1-6. Recreation promotes community, aids in the development and enhancement of skills, and is a great way to unwind after school. Programs are offered most Tuesdays and Thursdays and are described in the monthly calendar. Calendars are available at local elementary schools and at the Community Center. This program is FREE! Please check the calendar for activity details. Please note this is NOT CHILDCARE. Participants do not need to register, but they need to be ready to participate in the day's activity. Parents of all participants must fill out a City of Redmond Parks and Recreation Medical Information and Emergency Authorization form, available at the Community Center. Please be on time to enjoy the activities in their entirety. No Programs on Nov 11, 25, and Dec 21, 23, 28, and 30, 2004.

Instr: Staff. Loc: Old Redmond Schoolhouse Community Center.

Class#	Age	Time	Days	Date
14210	6-12 yrs	3:30-4:30pm	Tue, Thu	Oct 5-Dec 16



Boredom Busters! for 6-12 yr olds

Who you gonna call when school's out for the day or even the week! What's a kid to do? Join us at the Old Redmond Schoolhouse Community Center for all sorts of fun activities. Each day will have a special theme which will include games, crafts, and more. Bring a lunch, a snack or two, water and/or juice and spend the day with our fabulous staff. Program hours will be from 9am-4pm with before care available at 7:30AM and after care available until 6pm. To register for the FREE before or after care, simply request a spot when registering. Extra Fee on Dec 21st and 28th for Field Trip to Snoqualmie Pass Tubing Park. The Sept. 15 class is taking a fieldtrip to Farrel-McWhirter Park.

Instr: Staff. Loc: Old Redmond Schoolhouse Community Center Room 207.

Class#	Theme	Time	Days	Date	Fee
14246	Fun at FM Park	9am-4pm	Wed	Sep 15	\$37R/\$44N
14247	Scare Yourself Silly	9am-4pm	Wed	Oct 27	\$37R/\$44N
14248	Autumn Attack	9am-4pm	Fri	Nov 12	\$37R/\$44N
14249	Ice is Nice	9am-4pm	Mon	Dec 20	\$37R/\$44N
14250	Winter Freeze	9am-4pm	Tue	Dec 21	\$47R/\$52N
14251	Holiday Madness	9am-4pm	Wed	Dec 22	\$37R/\$44N
14252	Bear Necessities	9am-4pm	Mon	Dec 27	\$37R/\$44N
14253	Let it Snow	9am-4pm	Tue	Dec 28	\$47R/\$52N
14254	Celebrate New Year	9am-4pm	Wed	Dec 29	\$37R/\$44N

Farrel-McWhirter Preschool

Quality Preschool Education for your child . . .

The Farrel-McWhirter Preschool is nestled in a natural setting of working farm and ever-changing forest. The preschool program promotes children's social, physical, and cognitive growth in a secure, creative, and stimulating environment. Caring and experienced teachers design programs to meet the developmental needs of each child. Our curriculum includes language, math, science, art, music, movement, and environmental education, coordinated into theme-based units. Children gain independence and self-esteem, as they are encouraged to be active participants in a supportive preschool environment.

Preschool - Creative Play **FULL - Wait List**

Fun, friends and cooperative play are the essence of this preschool program. Children build friendships, develop social skills and learn to participate in a school setting. Must be 3 by August 31, 2004.

Instr: Staff. Loc: Farrel-McWhirter Park Farrel House. Fee: 10 payments of \$109R/\$131N.

Class#	Age	Time	Days	Date
6815	3-4 yrs	9-11:30am	Tue, Thu	Sep 7-Jun 2

Preschool - Preschool Adventures

FULL - Wait List

Enjoy the adventures of preschool and the wonders of the farm and forest at Farrel-McWhirter Park. Children build social skills and explore the world around them through cooperative play, independent choices and group activities. Must be 3 by February 28, 2004.

Instr: Staff. Loc: Farrel-McWhirter Park Farrel House. Fee: 10 payments of \$147R/\$176N.

Class#	Age	Time	Days	Date
6825	3 1/2-5 yrs & parent	9-11:30am	Mon, Wed, Fri	Sep 8-Jun 3



Preschool - Pre-K Discoveries

FULL - Wait List

Pre-Kindergarten in a unique setting! We'll incorporate the environmental resources at our doorstep into engaging and meaningful learning experiences

for older preschoolers. Must be 4 by August 31, 2004.

Instr: Staff. Loc: Farrel-McWhirter Park Farrel House. Fee: 10 payments of \$170R/\$204N.

Class#	Age	Time	Days	Date
6835	4-5 yrs	12:30-3:30pm	Mon, Wed, Fri	Sep 8-Jun 3

Registration Information:

Registration for Farrel-McWhirter Preschool began in February for 2004-2005 preschool classes. Call for registration information and to be placed on our wait list.

Ages listed will be strictly adhered to in order to maintain classroom integrity. Children must be potty trained by class start date.

You may obtain a Preschool Parent Information Guide at the Redmond Parks and Recreation Department by calling 425-556-2300.



Playschool

If your child was too young to register for preschool in the fall, join us for our newest quarterly preschool class. Each session will be six weeks long, with a theme-based curriculum that will include: language, math, science, art, music, and environmental education. This preschool program will focus on social development in a safe, supportive, developmentally appropriate environment. Children must be potty trained (NO PULL-UPS!) and be 3 years old by the first class. No class Nov 23 and 25.

Instr: Staff. Loc: Farrel-McWhirter Park Farrel House. Fee: \$150R/\$180N.

Class#	Age	Time	Days	Date
12655	3-4 yrs	1:15-3:45pm	Tue, Thu	Sep 14-Oct 21
14146	3-4 yrs	1:15-3:45pm	Tue, Thu	Nov 2-Dec 16



Seasons & Holidays

Settlers' First Thanksgiving

ENRICH YOUR UNDERSTANDING OF OUR HISTORY WITH A HANDS-ON EXPERIENCE... Kids, here's your chance to experience Thanksgiving as it was in the days of the early settlers. Get ready for the fall harvest by dressing-up in our pioneer costumes and making holiday decorations for your home. Make butter to go on our delicious cornbread muffins, and use some old-fashioned tools as we share stories, crafts, and other fun Thanksgiving activities. Parent participation is optional.

Instr: Staff. Loc: Farrel-McWhirter Park Operations Building. Fee: \$17R/\$20N.

Class#	Age	Time	Days	Date
14181	5-9 yrs	1-2:30pm	Saturday	Nov 20

Outdoor Education & Exploration

Orienteering Basics



Ever been lost in the woods? Or the mall parking lot? Come learn the skills to become a beginning orienteer! Learn how to use a compass, read and use maps in unfamiliar terrain, choose a route, and relocate. People of all ages and physical abilities enjoy the challenge, the outdoors, and the mental stimulation of navigation while orienteering. Includes classroom session and hands-on training outdoors. Dress for the weather. Parent participation required for children 13 years and under.

Instr: Staff. Loc: Farrel-McWhirter Park Farrel House.

Fee: \$26R/\$31N.

Class#	Age	Time	Days	Date
14407	6+ yrs & parent	9am-12pm	Saturday	Oct 23-30

The Old Fire House Teen Center, located right in the heart of downtown Redmond, provides progressive and innovative recreational, educational and personal support programs and services for Redmond youth aged 13-19. We provide a safe, positive place where teens can form relationships with both peers and adults, and have fun doing constructive activities that promote confidence and a sense of community.



Drop-in!

The Old Fire House's drop-in programs are free and open to people aged 13-19. We offer free activities and workshops every day that we're open, and Wednesdays we host a free dinner at 6pm. You can also just come hang out with your friends, shoot pool, use the basketball hoops, skate, make art, play video games, and socialize. Drop-in is open Wednesdays and Thursdays 3-9 and Saturdays 3-11. For a calendar of activities, call 425-556-2372.

Rent the Fire House!

This funky, teen-friendly space is open for rentals. It's big, it's affordable, and it's fun. For rates and availability, call 425-556-2372.

The Old Fire House Teen Center
16510 NE 79th St.
Redmond WA 98052
425-556-2370

<http://www.redmond.gov/insidecityhall/parksrec/teens/teens.asp>

TEEN
CENTER

Hey teen musicians!



Come to Band Pool on the second Wednesday of every month at 4pm. Band pool provides young Eastside musicians with the resources to network with their peers and find new opportunities to play their music.

Concerts!

Every Friday night the teen center is turned into a live music venue featuring local and national bands for around \$6. Come check it out.



Record your band!

The Old Fire House Media Lab offers a state-of-the-art recording studio at affordable prices. For rates and availability, call 425-556-2371.

2004 WRPA Spotlight Facility & Parks Award of Merit

The Old Fire House Teen Center recently received an Award of Merit from the Washington Recreation and Parks Association. Established in 1947, the Washington Recreation and Park Association is a nonprofit professional and public interest organization dedicated to enhancing and promoting parks, recreation, arts and leisure pursuits in Washington State. The award honors the Old Fire House's recent facility improvements and additions which have allowed for inclusive access, improved function, expanded programming and educational opportunities for Redmond area teens. If you haven't come to check out the new and improved facilities, now is the time!

Great resources! Eva is our YES (Youth Eastside Services) Counselor at the Old Fire House Teen Center, and is available to help youth cope with everything life may throw their way. Office hours are Wednesdays and Thursdays from 4-9 p.m. and on Saturdays by appointment.



Eva

Teen Trips & Tours

Skate Crew



Skaters of all ability levels can improve their skills at a variety of area skate parks. Climb in the van and come see all the skate spots this region has to offer. This class will provide workshops on everything from dropping in for the first time to skating handrails.

Instr: Staff. Loc: Old Fire House Teen Center Show Room. Fee: \$75R/\$90N.

Class#	Age	Time	Days	Date
14635	13-19 yrs	3-6:30pm	Thursday	Oct 7-Nov 11

Arts & Crafts

Art 101 Visual Art for Teens

This class aims to please your inner artist. If you are interested in art and want to refine your skills, or if you simply want to dip your feet in the water and explore a variety of art techniques, then this class will suit you perfectly. The instructor is an established artist who can help guide you through activities such as portfolio-building, drawing, painting, stretching a canvas, screen printing, and a field trip to Seattle to check out some local galleries and college art programs. The class is a survey of art practices and will introduce you to a range of media. A supply list will be provided the first day of class (most supplies are included). There is no fluff here...just good old fashioned art-making fun.

Instr: Staff. Loc: Old Fire House Teen Center Class Room. Fee: \$50R/\$60N.

Class#	Age	Time	Days	Date
14602	13-19 yrs	3-5pm	Thursday	Oct 7-Nov 18



Teen Photography-Special Projects

Alice Wheeler is a respected local photographer whose work has been seen in numerous museums, galleries, and publications from Time magazine to the Seattle Weekly. Alice will lead photographers through black and white processes, special projects and darkroom techniques. This is the perfect opportunity to have fun in the darkroom or to make a stellar senior project! Bring your own 35mm SLR camera and film & paper (a supply list will be sent to all registrants).

Instr: Alice Wheeler. Loc: Old Fire House Teen Center Photo Lab - Dark Room. Fee: \$130R/\$156N.

Class#	Age	Time	Days	Date
14188	13-19 yrs	2:30-5pm	Saturday	Oct 2-Nov 20
14189	13-19 yrs	5-7:30pm	Saturday	Oct 2-Nov 20

Teen Center Media Lab

The Old Fire House Teen Center offers classes, audio, and video production, and recording sessions in our state-of-the-art Media Lab.

Film From Scratch

Ever wonder what it would be like to document a moment in time, a movement, or a pack of wild animals? This class will teach how. Learn the art of Documentary Film Making, and create one hands-on. Learn to use our DV camera, and basic editing, using final cut pro software. This course is a must for anyone interested in learning how to make their own film.

Instr: Jonathan Baab. Loc: Old Fire House Teen Center Music Media Lab. Fee: \$127R/\$152N.

Class#	Age	Time	Days	Date
14100	13+ yrs	5-7pm	Thursday	Sep 30-Nov 18



Hands-On Recording

Let's Record a Real Live Rock and Roll band!! This class will walk you through the recording process from beginning to end. You will learn proper microphone placement, recording using pro-tools, and basic mixing procedures. This course is well-rounded for beginners who want to learn a little bit about everything that is involved with recording and producing a CD.

Instr: Jeffery McNulty. Loc: Old Fire House Teen Center Music Media Lab. Fee: \$75R/\$90N.

Class#	Age	Time	Days	Date
14099	13+ yrs	7-9pm	Thursday	Oct 7-Nov 4

Teen / Adult

Did you know that some 50+ Programs are open to younger folks too?

The Redmond Senior Center offers many classes that are open to individuals who are 18 years of age and older. Complete descriptions for the following mixed-age classes can be found in the 50+ Programs section.

Look for:

Ballroom Dance
Bunka Embroidery
Driftwood Sculpture
Hatha Yoga
Line Dancing
NIA Movement
Painting with Watercolors
T'ai Chi Chuan
Westcoast Tappers, Beginning & Intermediate
Wire Jewelry

Call the RSC for more information, 425 556-2314.

Redmond Youth Partnership Advisory Committee

Do you want to make a difference? RYPAC is a new and exciting program designed to give teens a chance to be heard and make changes for youth in the City of Redmond. RYPAC creates, implements, and supports projects that are within three areas of interest for youth: Youth Voice, Recreational Activities, and Youth Service to the Community. The great thing about this group is the committee decides where to focus their energy! We are looking for 10-15 teens and a few adults to represent the Redmond community. We will meet one evening a month from 6-8pm at the Old Redmond School House Community Center. If you have questions call 556-2300 and talk to Ken or Katie.

What is the application process?

It's as easy as 1, 2, 3!

1. Call Ken at 556-2300 for an Application, fill it out, and send in the completed application to him.
2. Your application will be given to the review committee.
3. You will receive an email or phone call regarding the following:
 - a. Current available positions (many positions are still open)
 - b. Opportunities available through sub-committees
 - c. Interview information you may need if positions are open

CHANGES: Parent Support Group

CHANGES is a parent support group for parents who have at-risk kids that are usually between the ages of 15 – 25. The website address is www.cpsn.org. There are five chapters in the Puget Sound area, and the Eastside group meets Tuesday evening, from 7pm-9pm, in the Old Redmond Schoolhouse Community Center.

Changes Community Workshop Series

Education Options: When Public School does not work

Is your child failing public school? Is he or she failing a class or many classes? Has your child been suspended or expelled? Is your child truant and you don't know what else to do? A panel of experts from Lake Washington School District and EA2 will present information on: home schooling, internet based learning, tutor programs in the Greater Seattle area, private school options, residential schools, and other options. No registration required.

Loc: Old Redmond Schoolhouse Community Center Room 104. Fee: FREE.

Time	Days	Date
9:30am-12pm	Saturday	Sept 11

Seeing Your Child Through Their Eyes

Does a child you know have ADHD, anxiety, Asperger's Syndrome, Depression, Bipolar Disorder, Obsessive-Compulsive Disorder, Oppositional Defiant Disorder, Sensory Integration Disorder, or Tourette's Syndrome? This workshop is for parents, friends or family and helps you learn more about the different disorders, and puts you in the child's world to understand the world from their shoes. You will get tips on how to best help and guide your child as well as resources that are available. No registration required. Loc: Old Redmond Schoolhouse Community Center Room 104. Fee: FREE.

Time	Days	Date
9:30am-12pm	Saturday	Oct 9

Your Teen and Mental Health Issues

Topics will address self-destructive behaviors such as eating disorders, suicide, drug/alcohol abuse and other issues. Learn how to identify warning signs for early intervention and where you can get help. No registration required.

Loc: Old Redmond Schoolhouse Community Center Room 104. Fee: FREE.

Time	Days	Date
9:30am-12pm	Saturday	Nov 13

Dance - Adult

Adult Dance - Fusion

This class is designed for those who took dance when they were younger and miss it. The class focuses on movement, ballet, and jazz dance, while having fun in a supportive environment. Class format is a no-barre warm-up including stretching, isolations, and technique work across the floor and a final dance combination - all to pop/trance/eclectic music. Try out a class and continue with ongoing classes.

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$42R/\$50

Class#	Age	Time	Days	Date
14447	18+ yrs	10-11:15am	Saturday	Sep 11-Oct 23
14448	18+ yrs	10-11:15am	Saturday	Oct 30-Dec 18



Ballet for Advanced Students

For continuing students with experience in the basics of ballet technique. Class includes warm-up, floor and barre exercises, stretches and dance routines.

Instr: Thea Huijgen. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$156R/\$187N.

Class#	Age	Time	Days	Date
14637	15+ yrs	7:15-8:45pm	Tuesday	Sep 21-Dec 14

Gentle Dance

This class will relax and refresh. Floor work, including isolations and stretching, make up the majority of the class, with a few center and across-the-floor sequences. Class focuses on stretching, movement, ballet/jazz/modern dance, and having fun in a supportive environment. Test out this short session then continue with ongoing classes.

Instr: Terrel Lefferts. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$35R/\$42N.

Class#	Age	Time	Days	Date
14449	18+ yrs	10-11am	Monday	Sep 27-Nov 1
14450	18+ yrs	10-11am	Monday	Nov 8-Dec 13

Hip-Hop I

Bring your 'Attitude' and Let's Get Funky! Some stretching and conditioning with emphasis on learning simple but energetic dance combinations. The instructor is careful to avoid the negative aspects of the hip-hop culture. No class Nov 22.

Instr: Melanie Williams. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$96R/\$115N.

Class#	Age	Time	Days	Date
14639	13+ yrs	6:15-7:15pm	Monday	Sep 13-Dec 6

Hip-Hop 2

Be ready to 'Bring It!' Continuing class and some experience is required. Stretching and conditioning with emphasis on learning challenging, energetic dance combinations. No class Nov 22.

Instr: Melanie Williams. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$96R/\$115N.

Class#	Age	Time	Days	Date
14640	13+ yrs	7:30-8:30pm	Monday	Sep 13-Dec 6

Tap- Lunchtime

Continuing class, for students with previous tap experience. Join this low stress, high energy class to learn new steps and combinations while enjoying the benefits of this fun way to exercise.

Warm up and cool down included. Tap shoes required. No class Nov 25.

Instr: Thea Huijgen. Loc: Old Redmond Schoolhouse Community Center Room 102. Fee: \$120R/\$144N.

Class#	Age	Time	Days	Date
14638	15+ yrs	12-1pm	Thursday	Sep 16-Dec 16



See page 38 for map.

Fee Waivers are

available. Call the

Recreation office at 425-556-2300 for application and details. Please write a separate check for each class if registering by mail. Thank you.

FEE

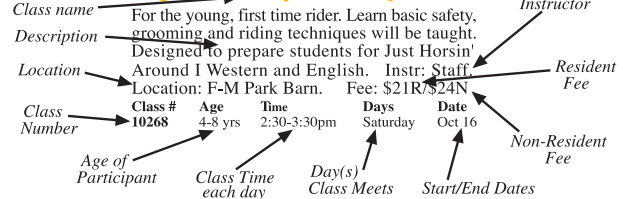
CODE:

R = Redmond City Resident

N = Non-Resident

How to Read Class Info

Beginning Pony Workshop



For Mom and Daughter Ballet/Jazz, ages 8+, see page 15.

Hobbies & Interests

Preparing Your Home For Sale

Learn how to Stage your home to sell quickly! Home Staging is all about preparing your home to present it in the best possible light to prospective buyers. Learn tips and techniques to help you prepare your home, both inside and out. Discuss what creates the biggest visual impact and the best return on your investment of time and money in preparing your home for sale.

Instr: Wendy Woodside. Loc: Old Redmond Schoolhouse Community Center Room 103. Fee: \$15R/\$18N.

Class#	Age	Time	Days	Date
14355	18+ yrs	10am-12pm	Saturday	Oct 2



Fitness

Ab Lab

Don't forget your abdominal region! In Ab Lab we focus on strengthening and toning the abdominal and lower back muscles. Along with looking great you can obtain improved posture and balance. If you cannot sign up for the entire class, a 10 visit pass for \$40 is available or a drop-in fee of \$5.00 may be paid each night at the door. Don't miss out on the Body Sculpting just before Ab Lab! SIGN UP FAST - SPACE IS LIMITED! No class Sept 6.

Instr: Staff. Loc: Old Redmond Schoolhouse Community Center Room 104. Fee: \$64R/\$77N.

Class#	Age	Time	Days	Date
14630	13+ yrs	7:50-8:20pm	Mon, Wed	Sep 1-Dec 15

Body Sculpting

Increase strength, flexibility, and tone muscle! This class consists of a warm-up and light stretch, then we pump it up with 5-8 minutes cardio intervals and free weight segments, finishing off with a cool down and stretch. Not only are we working to increase and sculpt the muscles with the free weights, but by adding intervals of cardio we also increase the fat burning abilities of the body. Instructor is ACE certified. No class Sept 6.

Instr: Becky Beckelman. Loc: Old Redmond Schoolhouse Community Center Room 104. Fee: \$128R/\$154N.

Class#	Age	Time	Days	Date
14628	13+ yrs	6:45-7:45pm	Mon, Wed	Sep 1-Dec 15

Jazzercise

Jazzercise, created by Judi Sheppard Missett, is the world's leading dance fitness program! Each 60-minute class offers a blend of jazz dance and exercise science choreographed to today's hottest music, including Top 40, jazz, country, funk, and classics.

At Jazzercise, we combine a great cardiovascular workout with resistance training and stretching that will increase your muscle tone, flexibility, balance, strength, and endurance using easy-to-follow movements.

Registration is ongoing - start any time. Classes are often a mixture of new and long-time customers. To make the workout effective for all fitness levels, low impact options are shown throughout the class. Wear loose, comfortable clothing and good, rubber-soled aerobic shoes. Bring a towel or exercise mat for the floor work. New students are welcome to try their first class free. Childcare will be available for \$1.50 per child in the 9:30am classes only.

Instr: Karmen Harris, Liz Martz, and Cutzi Jobes.

Phone: 425-898-1561 Jazzercise Registration and Class Information Loc:

Old Redmond Community Center Gym --MORNING

Old Redmond Community Center Auditorium nEVENING & SAT-URDAY

FEE: EFT* \$36/mo - 8 week pass \$85.

AGE	TIME	DAYS	DATE
13+	8:00am	M/W/F	Ongoing
13+	9:30am	M/T/W/Th/F	Ongoing
13+	5:30pm	M/T/Th	Ongoing
13+	8:30am	Saturday	Ongoing

*EFT = Electronic Funds Transfer. Monthly withdrawal from Checking, Visa, MasterCard or Discover. Initial startup by cash/check only.

jazzercise
It shows.



Martial Arts

Tai Chi

This class focuses on the health of the whole person with a series of relaxed breathing and strengthening exercises. During the class we practice a pattern slowly, with emphasis on healthy joints and movement, with a strong, relaxed body & mind. Tai Chi is practiced for strengthening and stretching the body, increasing energy (chi) flow, and calming the mind. We welcome people of all levels and physical abilities, ages 12 and older, in these classes. We practice Yang style forms and the Korean Kwon Bup form.

Instr: Trained Staff Enso Center. Loc: ENSO Center 8410 165 Ave NE, Redmond. Fee: \$35R/\$42N.

Class#	Age	Time	Days	Date
14586	12+ yrs	6:45-8pm	Tuesday	Sep 7-28
14587	12+ yrs	6:45-8pm	Tuesday	Oct 5-26
14588	12+ yrs	6:45-8pm	Tuesday	Nov 2-30
14589	12+ yrs	6:45-8pm	Tuesday	Dec 7-28

Rafting

Program information and driving instructions will be mailed prior to trip start date. Trip times include equipment fitting, instruction, lunch, and actual time on the water. Fee is per person.

Tieton Whitewater Rafting

Ride 16 miles of twisting, turning rapids through pine trees and towering cliffs. The Tieton River, located on the east side of White Pass along Highway 12, is a mere trickle of water during the summer months. However, in September, when Rimrock Lake is lowered, it roars with white water excitement! No prior experience necessary, but participants need to be in average physical condition and able to paddle as directed by the professional river guide. All equipment and a delicious picnic buffet lunch are provided. Neoprene wet suit available for an additional fee (Suit \$10, Booties \$5). Driving directions mailed prior to trip.

Instr: Wildwater River Tours. Fee: \$55R/\$66N.

Class#	Age	Time	Days	Date
14356	12+ yrs	9am-1pm	Sunday	Sep 26
14357	12+ yrs	1-5pm	Saturday	Oct 2

Rock Climbing

Women's Rock Climbing

An opportunity for women to learn the basics of rock climbing in a safe and non-threatening environment. Rope handling, knots, belaying and climbing technique will be covered in this introductory class. Includes all equipment and a two-week membership to all three Vertical World locations. Limited space available. Class held at Vertical World (15036 B-NE 95th Street, Redmond).

Instr: Vertical World Staff. Fee: \$45R/\$54N.

Class#	Age	Time	Days	Date
14325	16+ yrs	10:30-12:30pm	Sunday	Oct 10
14326	16+ yrs	10:30-12:30pm	Sunday	Nov 14

Register Early!
Classes fill quickly.

Kayaking

Blake Island Full Day Tour

The spectacular Seattle skyline across the water, the serenity of green forest trails, and clean sandy beaches make this location a must-kayak spot! Native heritage and a variety of possible routes combine for a one-of-a-kind Washington sea kayaking experience. Program letter with directions mailed prior to trip.

Instr: Azimuth Expeditions.

Fee: \$90R/\$108N.

Class#	Age	Time	Days	Date
14421	13+ yrs	9am-4pm	Saturday	Oct 2

Cutt's Island Half Day Tour

There's plenty to explore on this excellent tour to the quiet side of the Key Peninsula. The abundance of wildlife, including seals, birds, and sand dollars, combined with the protected paddling area ideally suited for the first-time kayaker, make this site an excellent choice for the beginning kayaker and for the enjoyment of the area. Meet at the Old Redmond Schoolhouse Community Center at 10:30am; transportation is provided.



Instr: Azimuth Expeditions.

Loc: ORSCC Parking Lot.

Fee: \$75R/\$90N.

Class#	Age	Time	Days	Date
14423	13+ yrs	11am-6pm	Saturday	Oct 16

Introduction to Kayak Paddletrokes

Learn kayaking basics in the safety (and warmth!) of an indoor pool. After a classroom session from a certified instructor, students will travel to Juanita Pool to work on developing fundamental safety and balance skills, including how to enter and exit a kayak, self-rescue techniques, paddletrokes and bracing. All gear included. Meet at AquaSports (7907 159th Place NE, Redmond).

Instr: AquaSports. Fee: \$55R/\$66N.

Class#	Age	Time	Days	Date
14382	13+ yrs	7-10pm	Friday	Nov 5

Introduction to Sea Kayaking

Get hooked on this perfectly Northwest way to enjoy our gorgeous waterways! In a 3-hour Friday evening classroom/pool session, followed by an all-day Saturday class on Puget Sound, you'll learn fundamentals of boat balance, basic paddle strokes and bracing techniques, wet exits, recovery and re-entry techniques. Tides, wind, currents and navigation also included. Boat/gear rental available for \$60 if you don't own one. Meet at AquaSports (7907 159th Place NE, Redmond).



Instr: AquaSports. Fee: \$175R/\$210N.

Class#	Age	Time	Days	Date
14372	13+ yrs	6:30-10:30pm 10am-5pm	Friday Saturday	Sep 24 & 25

Introduction to Whitewater Kayaking

Experience the thrill of paddling the Great Northwest's rivers! We teach a step-by-step approach to respecting the river and learning to use its awesome power to have the time of your life. Class consists of two consecutive Friday-Sunday weekends: Friday evening pool sessions, Saturday and Sunday on the river. Learn basic paddle strokes, kayak roll, reading river features, and paddle skills up to Class II water. Aquasports rents boat/gear for \$120 (if you don't own). Meet at AquaSports, 7907 159th Pl NE, Redmond.

Instr: AquaSports. Fee: \$325R/\$390N.

Class#	Age	Time	Days	Date
14378	13+ yrs	6:30-10:30pm 10am-5pm	Fri Sat & Sun	Oct 8-17

Kayak Roll Class

Whether you're an aspiring whitewater or flat-water paddler, learning how to right yourself when your boat turns over will give the confidence needed to become a solid boater. Begin with a classroom session, and then travel to Juanita Pool to practice the concepts with 90 minutes in the pool under the guidance of skilled instructors. All gear included. Meet at AquaSports (7907 159th Place NE, Redmond).



Instr: AquaSports. Fee: \$55R/\$66N.

Class#	Age	Time	Days	Date
14373	13+ yrs	7-10pm	Friday	Oct 1
14374	13+ yrs	7-10pm	Friday	Dec 3

Ketron Island Full Moon Tour

A night that is lit up by a glowing full moon, where phosphorescence glitters on the tips of your paddle blades, is one of the most beautiful times to be out on the water. This charming island near Steilacoom maintains its separation from the bustle of the day-to-day, and comes alive in the light of the moon.

Instr: Azimuth Expeditions. A program letter with directions will be mailed prior to the trip. Fee: \$60R/\$72N.

Class#	Age	Time	Days	Date
14408	13+ yrs	7:30-11pm	Tuesday	Sep 28

Sea Kayak Navigation

Increase your basic understanding of how to navigate in various locations and conditions, including map and chart reading, use of supportive equipment, calculating your speed of travel, plotting and following a course and much more! We'll spend Wednesday night in the classroom and then meet out on the water Saturday to apply what we've learned through step-by-step practical application with assistance from skilled instructors. Students are responsible to bring own boat and paddling gear for the day on the water; equipment available to rent for an additional fee. Meet at AquaSports (7907 159th Place NE, Redmond).

Instr: AquaSports. Fee: \$100R/\$120N.

Class#	Age	Time	Days	Date
14376	13+ yrs	6:30-9:30pm 10am-3pm	Wednesday Saturday	Sep 29 Oct 2

San Juan Islands - Women Only

An opportunity to get away with the girls and work on your kayak skills in a relaxed and beautiful environment! Travel to Lopez Island and meet up with your guides from Outdoor Adventures, with whom you'll camp for three nights. On-the-water teaching sessions allow students to practice skills including in-the-water sea kayak rescue, paddling with the current, crossing eddy lines, and 'ferrying' across opposing currents. Course fee includes all kayak equipment, life jacket, camping equipment, plus all meals while camping. Students are responsible for appropriate paddling attire, sleeping bag, and their own transportation to Lopez Island. Program letter with directions will be mailed prior to class. Beginners welcome.

Instr: AquaSports Staff. Fee: \$380R/\$456N.

Class#	Age	Time	Days	Date
13645	12+ yrs	Leave 7pm Return 6pm	Thursday Sunday	Sep 9-12

ADULT SPORTS LEAGUE INFORMATION

Come experience the Benefits of Recreation while participating in one of our Adult Sport Leagues. Get a group of friends or co-workers together for some recreational sports action! For more information please contact the Recreation Office at 425-556-2300.

2004 FALL

Men's Fall Softball League

Coed Fall Sunday Softball

Men's Fall Basketball League

Fall Soccer Leagues

(Men's, Women's, and Coed)

Coed Self Officiated Volleyball League

Women's Basketball

Registration Dates

7/20 - 8/19

7/20 - 8/19

8/3 - 8/26

8/3 - 8/26

8/3 - 8/26

8/3 - 8/26

League Play

Sep-October

Sep-October

Sep-November

Sep-December

Sep-December

Sep-December



2004-05 WINTER

Men's Winter Basketball League

Women's Winter Basketball League

Coed Winter Volleyball League

Winter Soccer Leagues

(Men's, Women's, and Coed)

Registration Dates

10/19 - 11/18

11/9 - 12/9

11/9 - 12/9

11/9 - 12/9

League Play

December-February

January-March

January-March

January-March



2005 SPRING

Men's Spring Basketball

'Tune-Up' Season Softball Leagues

(Men's Weeknight and Coed Sunday)

Women's Basketball League

Coed Spring Volleyball (Officiated)

Spring Soccer Leagues

(Men's, Women's, and Coed)

Spring Softball Leagues

(Men's, Women's, and Coed)

Registration Dates

1/11 - 2/10

1/11 - 2/10

2/8 - 3/10

2/8 - 3/10

2/8 - 3/10

2/8 - 3/10

League Play

March-June

Late April-June/July

April-June

April-June

March-June

Late April-June/July

- For additional information or to be placed on a mailing list, please contact the recreation office at 425-556-2300.
- Registrations are accepted for teams only
- Players looking to be placed onto a team may call the Recreation Office to be placed on an interested players list
- Most leagues are broken into competitive and recreational divisions
- Contact the Recreation Office for additional information at 425-556-2300 ext. 3

OPEN GYM VOLLEYBALL

Day	Age	Time	Location	Dates
Fridays	13+ years	6-9pm	ORSCC Gym	9/10-12/17 (Closed 11/26,12/24,12/31)

Open Gym Fee: \$3 per person at the door. No pre-registration required. Individuals and teams welcome. Showers are not available. An adult must supervise children under the age of 10 years.



Volleyball Spares & Pairs

Looking to play in a coed volleyball league, but can't put a team together? Then register as an individual or with a friend for Spares and Pairs Volleyball. Meet new people and improve your playing skills while enjoying volleyball in a more informal atmosphere.

Instr: Staff. Loc: Rose Hill Junior High Gym. Fee: \$36R/\$43N.

Class#	Age	Time	Days	Date
14224	18+ yrs	6:30-9pm	Tuesday	Sep 21-Dec 7

Redwood Adult Golf - Beginner

Learn the basic golf stance, swing motions, rules, and etiquette. By the end of these lessons students will be ready for golf on the course. Bring your own clubs or try our demo clubs. Location is 13029 Redmond-Woodinville Rd NE, Redmond.

Instr: Trained Staff Redwood Golf Center. Loc: Redwood Golf Center Driving Range. Fee: \$95R/\$114N.

Class#	Age	Time	Days	Date
14283	18+ yrs	12-1pm	Saturday	Sep 4-25
14284	18+ yrs	7-8pm	Wednesday	Sep 1-22
14285	18+ yrs	12-1pm	Saturday	Oct 2-23
14286	18+ yrs	7-8pm	Wednesday	Oct 6-27
14287	18+ yrs	12-1pm	Saturday	Nov 6-27
14288	18+ yrs	7-8pm	Wednesday	Nov 3-24



Iyengar Yoga

Iyengar Yoga is a form of Hatha or physical yoga. This style of yoga develops strength, flexibility, and endurance. It is excellent for stress release and bringing a feeling of well-being into your life. Our class series teach the foundation of the basic poses: sitting, standing, twists, inversions, back and forward bends ñ concentrating on proper alignment and safety. You will learn how to use props, how to follow directions, and how to get in touch with your body and your breath. The series format allows you to progress at your own speed and at the same level as your fellow students. A camaraderie and sense of community add to the enjoyment of your practice. Instructors are affiliated with joniwellness.com. Please visit for additional information, yoga photos, current calendar, and more.

Instructor Contacts	E-mail	Phone
Susan Thomas	susan@joniwellness.com	206-851-9393
Misty Evans	misty@joniwellness.com	425-761-8974
Allison Whiteley	Allison@joniwellness.com	425-438-9522

New students are invited to visit classes at no charge the first week of each new session. You may participate or just observe. Decide which class is for you and register at a pro-rated cost for the rest of the series. Please, new students only.

Current students are encouraged to tell friends about the free open class weeks, and to bring interested friends to Restorative classes. Any current student who refers a new student to a series will receive a thank you gift.

Make-ups: Students are encouraged to make up missed classes. They may be made up in an appropriate level class any time during the current session. In lieu of making up the class yourself, bring a friend to your class or accompany them to a lower level (Intro) class. Drops-Ins are welcome with instructor's permission. Fee is \$12R/\$15NR.

Iyengar Yoga Introductory

Learn to be more comfortable in your body with this introductory class. Receive the benefits of postural improvement, strength, flexibility, stress reduction, and general enhancement of quality of life. This class is a prerequisite for Level 1. No prior experience necessary. Yoga sticky mat & yoga belt required (may be purchased on 1st day of class from instructor or bring your own).

Loc: Anderson Park Adair House. Fee: \$84R/\$100N.

Class#	Age	Time	Days	Date
Instr: Allison Whiteley				
14566	13+ yrs	5:45-7:15pm	Monday	Sep 13-Oct 25
14568	13+ yrs	5:45-7:15pm	Monday	Nov 1-Dec 13
Instr: Susan Thomas				
14567	13+ yrs	7:30-9pm	Tuesday	Sep 14-Oct 26
14569	13+ yrs	7:30-9pm	Tuesday	Nov 2-Dec 14

Iyengar Yoga Level 1

Ongoing Iyengar Yoga with focus on standing poses, basic principles of alignment and breath, and inversions are introduced. Prerequisite: at least one completed series of Introductory Iyengar Yoga or permission of Instructor. Props required: mat, belt, shoulder stand pads. (May be purchased on first day of class from instructor) No class Nov 27.

Loc: Anderson Park Adair House. Fee: \$84R/\$100N.

Class#	Age	Time	Days	Date
Instr: Susan Thomas				
14572	13+ yrs	5:45-7:15pm	Tuesday	Sep 14-Oct 26
14574	13+ yrs	5:45-7:15pm	Tuesday	Nov 2-Dec 14
Instr: Misty Evans				
14573	13+ yrs	9-10:30am	Saturday	Sep 11-Oct 23
14575	13+ yrs	9-10:30am	Saturday	Oct 30-Dec 18

Iyengar Yoga Level 1-2

Level 1 class with some additional challenges for more experienced students. Prerequisite: same as Level 1.

Instr: Allison Whiteley. Loc: Anderson Park Adair House. Fee: \$84R/\$100N.

Class#	Age	Time	Days	Date
14570	13+ yrs	7:30-9pm	Monday	Sep 13-Oct 25
14571	13+ yrs	7:30-9pm	Monday	Nov 1-Dec 13

Pre-Natal Yoga

Yoga is about union, union within yourself, harmony between you and all that is within your world, union between you and your baby. This class will help you create a space that your baby feels welcome to enter and will provide you with poses to help you adjust to your changing body. Props needed: Yoga sticky mat and yoga belt required (may be purchased from instructor 1st day of class or bring your own) and 2 pillows. Individual class drop-ins welcome! Please contact instructor for details.

Instr: Misty Evans. Loc: Anderson Park Adair House. Fee: \$84R/\$100N.

Class#	Age	Time	Days	Date
14576	13+ yrs	5:45-7:15pm	Wednesday	Sep 15-Oct 27
14577	13+ yrs	5:45-7:15pm	Wednesday	Nov 3-Dec 15



Viniyoga

Viniyoga focuses on the individual by adapting to individual needs. It is not about having the perfect pose or putting yourself into pretzel poses. It emphasizes linking the breath to the movement. It is through this dynamic movement that changes in the body occur. Practicing yoga increases flexibility, strength, energy, and vitality and promotes stillness of the mind. Bring yoga mat and blanket to class.

Instr: Kathryn Fischer. Loc: Anderson Park Fullard House. Fee: \$50R/\$60N.

Class#	Age	Time	Days	Date
14590	18+ yrs	5:45-7pm	Tuesday	Sep 7-Oct 5
14591	18+ yrs	5:45-7pm	Tuesday	Oct 12-Nov 9
14592	18+ yrs	5:45-7pm	Tuesday	Nov 16-Dec 14

425-556-2300

Viniyoga at the Senior Center

Ideally suited to older adults, Viniyoga emphasizes linking breath and movement, while adapting to each individual's needs and abilities. With minimal risk to joints, and a focus on the therapeutic effects, practicing yoga increases flexibility, strength, energy, and vitality as well as promoting stillness of the mind. Viniyoga is an enjoyable and relaxing experience with no 'pretzel poses.' Bring a yoga mat and blanket to class; and it is best if your stomach is empty. Instr: Kathryn Fischer. Loc: Senior Center Room 111. Fee: \$40S/\$40R/\$48N.

Class#	Age	Time	Days	Date
14186	18+ yrs	6-7:15pm	Thursday	Sep 9-Sep 30
14187	18+ yrs	6-7:15pm	Thursday	Oct 7-Oct 28

SPECIALIZED RECREATION

Something for Everyone!

Don't just look in the Specialized Recreation Section for programs. Be sure to check out the great recreation opportunities in your age bracket in the rest of the Recreation Guide, too! At the City of Redmond we encourage and support the participation of individuals with disabilities in ALL of our programs. If accommodations are needed to participate in a program, please contact our offices at 425-556-2300 at least two weeks prior to the program start date.

Volunteer Opportunities

Social Programs Trips and Tours
Sports Program Day Camps

Are you looking for something fun and rewarding to do in your spare time? Why not volunteer for the Specialized Recreation programs? For more information about volunteering, please call Barbe Wolf at 425-556-2330.

See page 24 for Changes:
Parent Support Group and Community Workshop Series.

Socials

Monday Night Socials

Looking for something to do on Monday nights? What better way to spend your evenings than with friends checking out local restaurants and fun places? Please eat dinner before attending socials that are not at restaurants. Bring money to cover the cost of meals and/or admission.



Instr: Lauren Slye. Loc: Old Redmond Schoolhouse Community Center. Ages 13+ years. Fee: \$6R/\$7N.

Class#	Theme	Time	Date
14401	Movie Night @ ORSCC	6:30-8:30pm	Sep 27
14402	Las Margaritas	6-8pm	Oct 11
14403	Halloween Party	6:30-8:30pm	Oct 25
14404	Ruby's	6-8pm	Nov 8
14405	Cooking Class	6:30-8:30pm	Nov 22
14406	Holiday Party	6:30-8:30pm	Dec 6

R.A.D.A.R. **NEW!**

What is R.A.D.A.R.? It's the newest and coolest program in Specialized Recreation! Redmond Adult Day Activities and Recreation is a daytime social program for adults only! Each day will be filled with different fun group activities and/or outings. Participants will vote on and receive a list of the session's activities and outings on the first day of the session. Participants should bring a sack lunch every day, unless restaurant plans have been made by the group. Admissions and meals are not covered in the course fee. No class on 11/9, 11/11, 11/23 or 11/25.

Instr: Lauren Slye. Loc: Old Redmond Schoolhouse Community Center Room 103. Fee: \$195R/\$234N.

Class#	Age	Time	Days	Date
14650	18+ yrs	10am-4pm	Tue, Thu	Sep 28-Oct 28
14651	18+ yrs	10am-4pm	Tue, Thu	Nov 2-Dec 16

Special Note

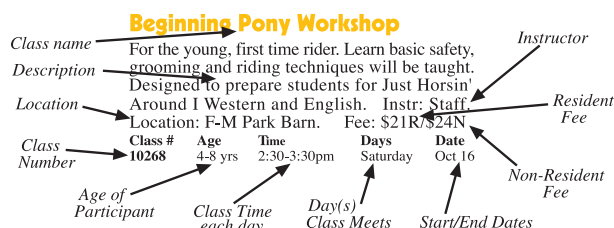
In order to assist our staff and provide better service, we would greatly appreciate being notified of any special needs a participant may have at least two weeks prior to the program start date. Staff are here to provide leadership to the programs. They are unable to provide attendant care (feeding, transferring, toileting, etc) or one-on-one behavior management care. Participants must bring their own attendant if they are needed. Participant attendants will not be charged for the class, however, we ask that you call our offices at 425-556-2300 x 3 and register them as the participant's attendant so that we do not overbook the class. Should any participant behave in a manner that threatens the safety of the staff, fellow participants or themselves, they may be immediately dismissed from the program. For more information about the Specialized Recreation Program, please contact Barbe Wolf at 425-556-2330.

FEE **R** = Redmond City Resident
CODE: **N** = Non-Resident

See page 38 for map.

Please write a separate check for each class if registering by mail.
Thank you.

How to Read Class Info



Sports

Basketball

Calling all basketball lovers. Team Redmond basketball is starting early again this season! By popular demand basketball will continue to be two seasons long! You don't have to be Michael Jordan to play hoops with us, you don't even need to know how to play. Just come prepared to learn and have fun.

Instr: Staff. Loc: Redmond Junior High Gym. Fee: \$70R/\$84N.

Class#	Age	Time	Days	Date
14422	8+ yrs	6:30-8pm	Tue, Thu	Sep 21-Mar 3



Swimming **NEW!**

It is never too late for swim lessons. Whether you are a beginner or an expert we have the class for you. So join us for some fun in the pool. This is a great way to work on an important skill.

Instr: Lauren Slye. Loc: Redmond Pool. Fee: \$50R/\$60N.

Class#	Age	Time	Days	Date
14560	10+ yrs	5-5:30pm	Friday	Sep 10-Oct 22
14561	10+ yrs	5:30-6pm	Friday	Sep 10-Oct 22
14562	10+ yrs	5-5:30pm	Friday	Oct 29-Dec 17
14563	10+ yrs	5:30-6pm	Friday	Oct 29-Dec 17

Trips & Tours

Trip Policies and Procedures: Trip fees do not include meal cost unless otherwise noted. Be prepared to bring a lunch or money for your meal. Return times are estimates so plan to be picked up 15 minutes before stated return time, unless you ride the Access Van. If you ride Access, please schedule your ride for the return time stated. If you need to cancel a trip, please notify the staff at the Recreation office at 425-556-2300. Please keep the confirmation/receipt form you receive when registering; it has the dates of the trips you signed up for listed on it. Reminders will not be sent out. All trips and tours depart from and return to the Old Redmond Schoolhouse Community Center, 16600 NE 80 St, Redmond.

Puyallup Fair

Let's do the Puyallup! We will look at exhibits, check out the livestock, eat great food, and ride your favorite rides! Admission to the Fair included in fee; bring money for food, rides and/or souvenirs.

Instr: Chris Purkiss. Loc: Old Redmond Schoolhouse Community Center Lobby. Fee: \$30R/\$36N.

Class#	Age	Time	Days	Date
14411	13+ yrs	10am-6pm	Saturday	Sep 25



Bowling and Pizza

It's time to get together with our friends throughout King County for another great county-wide specialized recreation event! Come prepared for fun at the bowling alley with new and old friends! Bowling, shoe rentals, and pizza included.

Instr: Chris Purkiss. Loc: Old Redmond Schoolhouse Community Center Lobby. Fee: \$30R/\$36N.

Class#	Age	Time	Days	Date
14556	13+ yrs	8:30am-2:30pm	Saturday	Oct 9

Pumpkin Fun

This day is going to be all about pumpkins! First, we will go hunting at a local pumpkin patch for the very best pumpkins! We might even wander through a corn maze while we are there! Then we will return to the Community Center to paint our pumpkins and decorate cookies. But you will have to register for this trip and tour to see if there are any surprise tricks or treats! Bring a sack lunch.

Instr: Chris Purkiss. Loc: Old Redmond Schoolhouse Community Center Room 103. Fee: \$30R/\$36N.

Class#	Age	Time	Days	Date
14557	13+ yrs	10am-6pm	Saturday	Oct 23

All Nighter

Are you tired of sleeping night after night? Well it's time to mix it up! Specialized Recreation programs from all around King County are headed down to Federal Way for a night of fun and games! Make sure you get some sleep during the day before this event because you won't want to miss out on any of the great activities that are planned! Bring a sleeping bag in case you do decide to take a nap or two. Snacks, late night pizza and breakfast are included.

Instr: Chris Purkiss. Loc: Old Redmond Schoolhouse Community Center Lobby. Fee: \$55R/\$66N.

Class#	Age	Time	Days	Date
14558	13+ yrs	7pm-10am	Sat-Sun	Nov 13 & 14

Gift Shopping 101

The day starts with a whirlwind of shopping for those special gifts at Factoria Mall. Then it's back to the Community Center for gift wrapping. So have your gift list ready, put your shopping shoes on, and get ready for lots of fun! Bring money for shopping and lunch at Red Robin.

Instr: Chris Purkiss. Loc: Old Redmond Schoolhouse Community Center Room 103. Fee: \$30R/\$36N.

Class#	Age	Time	Days	Date
14413	13+ yrs	10am-6pm	Saturday	Dec 4

Holiday Night

Dress up for a great night out on the town. We will take in a movie at the theatre, then dinner at Claim Jumpers and complete the evening with a drive to look at all the amazing holiday lights. Be sure to bring money for dinner at Claim Jumpers. Price of movie is included in fee.

Instr: Chris Purkiss. Loc: Old Redmond Schoolhouse Community Center Lobby. Fee: \$30R/\$36N.

Class#	Age	Time	Days	Date
14559	13+ yrs	2-9pm	Saturday	Dec 18

Participants needing individual assistance with toileting, transferring, eating, dressing, or behavioral intervention, must bring an attendant with them to the program.

Redmond Senior Center

8703 160 Avenue NE

Hours: 8:30 a.m. - 4:30 p.m.,
Monday-Friday

Call 425-556-2314 to register
for Senior Adult Programs.

See page 38 for map and
directions.

More happens at the RSC than fits on these pages.

Subscribe to the RSC News! – Only \$10 per year.

Be in the know!

Free Activities – Trips – Special Events

Health and Wellness Presentations – Volunteer Opportunities

Call 425-556-2314 to start your subscription today.

New to the area or just turned 50?

Find out more about the RSC; call 425-556-314 for a free newcomers packet that includes a copy of the current Newsletter.

RSC Van Transportation

The RSC provides transportation from home to the Center and back again for seniors who live within the Redmond city limits. Pick-up and take-home times vary; ask for the current schedule when you call. You must call 425-556-2314 to make a reservations at least 24 hours in advance. Fare is 50¢ each way; monthly van passes are available.

Individuals who live outside of the city limits may contact the RSC for a brochure detailing other transportation options.

Building Closures & Alternate Schedule

The RSC will be closed for holidays as follows:

September 1 – Labor Day

November 11 – Veteran's Day

November 25 & 26 – Thanksgiving

December 23 – January 4 – Holidays & Maintenance

Due to special events, some regularly scheduled activities may be changed on:

September 24 – Harvest Dance

October 6 – Volunteer Recognition

October 14 – Redwood Theatre Dress Rehearsal

November 12 – Set-up for Holiday Craft Bazaar

November 19 – Thanksgiving Luncheon

December 9 – Candlelight Dinner Dance

December 15 – City All-Star Awards

December 16 – Holiday Luncheon

Big News!!!

RSC Programs are now available for OnLine Registration.

Visit www.redmond.gov/econnect/start/start.asp for more information.



**FEE
CODE:**

S = All Seniors

R = Redmond City Resident

N = Non-Resident

Registration Information

Mixed-age classes

In order to provide a wider variety of classes, the RSC offers some mixed-age classes. These classes are clearly indicated in the age column. Children are not allowed in classes or workshops unless specifically noted in the class or workshop description.

Who is eligible to register for RSC classes?

Age and location of residence determines eligibility and fees. Please state your status when registering.

S = Senior - Individuals 50 years of age or older regardless of where they live, have first priority for registration, pay base fee.

R = Residents - Individuals younger than 50 years of age who reside or work in Redmond.

N = Non-residents - Individuals younger than 50 years of age who reside outside of Redmond, register one week later, pay 20 % more.

Registration Dates

Registration for classes and workshops are as follows:

S = August 2

R = August 2

N = August 9

Fee Waivers

Individuals who meet the criteria are encouraged to apply for a waiver if the fee for the class they wish to attend is beyond their means. Call 425-556-2314 for more information.



"What a beautiful center!"

Yes, those are often the words we hear when new people tour the RSC. Come on over and give us a try!

We have:

- A coffee bar and "hotel-like" lobby with magazines and comfortable furniture
- A greenhouse and a suspended hard wood dance floor
- A self-serve library and billiards room with three tables
- Card and game tables in the lobby
- A gift shop full of special crafts handmade by seniors
- An outdoor games court with areas to play badminton, bocce ball, croquet, horseshoes, pickle ball, shuffleboard, and volley ball
- And a hot lunch is served every day

All are available for use during the hours of 8:30 am to 4:30pm Monday through Friday.

Arts & Crafts

Bunka Embroidery

Bunka embroidery, sometimes called painting with yarn, is a punch embroidery, which originated in Japan in the early 1900's. Learn to create your own beautiful, delicate pictures using a special punch needle and silken threads. Melisa Akai will teach you the techniques to master this fun activity. Students need to supply a small pair of sewing scissors. Project kits and supplies will be available for purchase in class. The cost for a kit ranges from \$25-45, depending on the project you choose. Open to age 18 years and over.

Instr: Melisa Akai. Loc: Senior Center Room 111. Fee: \$20S/\$20R/\$25N.

Class#	Age	Time	Days	Date
12007	18+ yrs	1-3pm	Monday	Sep 13-Oct 4
12008	18+ yrs	1-3pm	Monday	Oct 11-Nov 1
12009	18+ yrs	1-3pm	Monday	Nov 8-29
12010	18+ yrs	1-3pm	Monday	Dec 6-20

Drawing - The Basics



Come learn the secrets to drawing the things you see. While there is something to be said for artistic talent, the basic

mechanics of drawing can be learned by anyone. Ann Stein Avant is a trained artist who will guide you in placing images on paper. Pick up a supply list when you register.

Instr: Ann Stein Avant. Loc: Senior Center Room 109. Fee: \$42S/\$42R/\$50N.

Class#	Age	Time	Days	Date
12540	18+ yrs	9am-12pm	Wednesday	Nov 3-24

Driftwood Sculpture

Wood is one of nature's wonders. Driftwood sculpture is the process of bringing out the beauty that is hidden under layers of dirt and decay. Our instructor, Charlene Sugden, will show you how to clean, scrape and oil your wood, as well as how to select a base and finish the process. The Xacto knife and router blade are the most used tools; if you have one, bring it to the class. Beginners will be able to choose a piece of wood from the instructor's supply. Come and join the creative inspiration.

Instr: Charlene Sugden. Loc: Senior Center Room 109. Fee: \$22.

Class#	Age	Time	Days	Date
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MORNING

11981	50+ yrs	10am-12:30pm	Monday	Sep 20-Oct 25
11982	50+ yrs	10am-12:30pm	Monday	Nov 1-Dec 6

AFTERNOON

11991	50+ yrs	1-3:30pm	Monday	Sep 20-Oct 25
11992	50+ yrs	1-3:30pm	Monday	Nov 1-Dec 6

EVENING

The evening class is open to those 18 years of age and older.

Instr: Charlene Sugden. Loc: Senior Center Room 109. Fee: \$25.00/\$25R/\$30N.

Class#	Age	Time	Days	Date
11999	18+ yrs	6:30-9pm	Tuesday	Sep 21-Oct 26
12000	18+ yrs	6:30-9pm	Tuesday	Nov 2-Dec 7

Driftwood Sculpture Field Trip

Now is your chance to collect all the great wood you will need to stay busy this winter. Join Charlene Sugden on the RSC's bus for a trip to the Snoqualmie Pass area where she will reveal her best collecting sites. Bring a box or trash bag for your wood; a sack lunch; and dress for the weather.

Instr: Charlene Sugden. Loc: Senior Center Lobby. Fee: \$10.00

Class#	Age	Time	Days	Date
12001	50+ yrs	9am-3pm	Tuesday	Sep 14

Painting With Watercolor – Workshop Series



Our popular introduction to watercolor workshops have been incorporated into an ongoing series where students can continue to develop their watercolor skills, while also allowing beginners to join the class. New students will learn all the basics of watercolor painting -- using the tools, choosing a subject, and composition.

Returning students will continue to explore and refine various watercolor methods. Our instructor, Ann Stein, has studied at the Chicago Art Institute and Cornish School of Arts in Seattle. She has traveled and painted throughout the world and exhibited in

New York, NY.

Instr: Ann Stein Avant. Loc: Senior Center Room 109. Fee: \$26S/\$26R/\$32N.

Class#	Age	Time	Days	Date
13418	18+ yrs	9am-12pm	Wednesday	Sep 8-15
13419	18+ yrs	9am-12pm	Wednesday	Sep 29-Oct 6
13420	18+ yrs	9am-12pm	Wednesday	Oct 20-27



ADVANCED

For students who have previous experience in driftwood sculpture.

Instr: Charlene Sugden.

Loc: Senior Center Room 109. Fee: \$22.

Class#	Age	Time	Days	Date
14461	50+ yrs	1:30-4pm	Tuesday	Sep 21-Oct 26
14462	50+ yrs	1:30-4pm	Tuesday	Nov 2-Dec 7

Wire Jewelry

You can make beautiful jewelry at your own kitchen table. Join retired dentist John Gray, to learn the simple techniques of wire jewelry. The first project will be a handsome sterling silver bracelet. All tools provided, materials included in fee. Students who have previously enrolled in Wire Jewelry may return to class for help with more advanced projects. Project supplies can be obtained with the instructor's assistance; costs vary depending on the design and metal chosen.



Instr: John Gray. Loc: Senior Center Room 103. Fee: New Students: \$28S/\$28R/\$34N. Returning Students: \$10S/\$10R/\$12N.

Class#	Age	Time	Days	Date
13973	18+ yrs	9am-12pm	Tuesday	Oct 5-12
13974	18+ yrs	9am-12pm	Tuesday	Nov 2-9

EVENING

13982	18+ yrs	6-9pm	Tuesday	Oct 19-26
13983	18+ yrs	6-9pm	Tuesday	Nov 16-23

Computers

Computer Corner Orientation

For individuals with little or no computer experience, this class will give you the bare basics required to utilize the Computer Corner-three computers available to Seniors at the RSC. Topics covered are an overview of the basic parts of a computer and their functions, logging on and off, reading and writing e-mail-including setting up a free e-mail account, if you don't have one-and searching the Internet for information. Time allows for a half hour lunch break from 12-12:30. Open to age 50 and over.

Instr: Ray Anspach. Loc: Senior Center Room 103. Fee: \$10.00

Class#	Age	Time	Days	Date
12403	50+ yrs	10am-2:30pm	Wednesday	Sep 8
12404	50+ yrs	10am-2:30pm	Wednesday	Sep 22
12405	50+ yrs	10am-2:30pm	Wednesday	Oct 13
12406	50+ yrs	10am-2:30pm	Wednesday	Oct 27
12407	50+ yrs	10am-2:30pm	Wednesday	Nov 3
12408	50+ yrs	10am-2:30pm	Wednesday	Nov 17
12410	50+ yrs	10am-2:30pm	Wednesday	Dec 8

Computer Corner Practice Lab

Intended for individuals who have taken the orientation or basic word processing courses. Provides additional help while learning your new skills. Open to age 50 and over.

Instr: Ray Anspach. Loc: Senior Center Room 103. Fee: \$5.00

Class#	Age	Time	Days	Date
12434	50+ yrs	9-11am	Friday	Sep 10
14302	50+ yrs	9-11am	Friday	Sep 17
12427	50+ yrs	9-11am	Friday	Sep 24
14303	50+ yrs	9-11am	Friday	Oct 8
12428	50+ yrs	9-11am	Friday	Oct 15
12429	50+ yrs	9-11am	Friday	Oct 29
12430	50+ yrs	9-11am	Friday	Nov 5
12431	50+ yrs	9-11am	Friday	Nov 12
14304	50+ yrs	9-11am	Friday	Nov 19
12432	50+ yrs	9-11am	Friday	Dec 3
12433	50+ yrs	9-11am	Friday	Dec 10

Computer Corner-Basic Word Processing

Learn the basics of writing letters and cards on the computer. Three Microsoft word processing programs will be discussed: Word Pad, a simple program that comes with the Windows operating system, Microsoft Works, and Microsoft Word. The latter two are more versatile extra-cost programs available on some computers. Prerequisite: Prior computer experience or Computer Corner Orientation recommended. Time allows for a half hour lunch break from 12-12:30. Open to age 50 and over.

Instr: Ray Anspach. Loc: Senior Center Room 103. Fee: \$10.00

Class#	Age	Time	Days	Date
14298	50+ yrs	10am-2:30pm	Wednesday	Sep 15
14299	50+ yrs	10am-2:30pm	Wednesday	Oct 6
14300	50+ yrs	10am-2:30pm	Wednesday	Nov 10
14301	50+ yrs	10am-2:30pm	Wednesday	Dec 1

Computers - Basics

This course is designed for those with little or no computer experience. It will cover the various components of a computer, including basic technology, vocabulary, use of the mouse, and introduction to popular software programs. Disks are provided. Location: Redmond Elementary School Computer Lab, 16800 NE 80th St. Available to adults age 50+ only. No class Sept 24 (dates subject to school calendar).

Instr: John Stilz. Loc: Redmond Elementary School Computer lab. Fee: \$25.00

Class#	Age	Time	Days	Date
14305	50+ yrs	3:40-5:30pm	Friday	Sep 3-Oct 8

Computers - Beyond the Basics

Do you already know how to use a computer but want to learn more?

This class will take you through the most basic computer operations, Microsoft Word, and Excel. Disks are provided. Held at Redmond Elementary School Computer Lab located at 16800 NE 80th St. No class Oct 29, Nov 12 & 26 (dates subject to school calendar).

Instr: John Stilz. Loc: Redmond Elementary School Computer lab. Fee: \$25.00

Class#	Age	Time	Days	Date
14306	50+ yrs	3:40-5:30pm	Friday	Oct 15-Dec 3



Dance - Senior Adult

Ballroom Dancing

Have you ever wanted to try ballroom dancing? Now you can! Attend with or without a partner. Dances taught include Rumba, Swing, Waltz, Tango and many others. Be prepared to have a good time! Open to ages 18 years and over. No class Oct 6 & Nov 17.

Instr: Celia Boarman. Loc: Senior Center Multipurpose Room. Fee: \$30S/\$30R/\$36N.

Class#	Age	Time	Days	Date
12043	18+ yrs	1-2pm	Wednesday	Sep 1-22
12044	18+ yrs	1-2pm	Wednesday	Sep 29-Oct 27
12045	18+ yrs	1-2pm	Wednesday	Nov 3-Dec 1

Line Dancing

It's time to learn some new moves and polish up your old ones. Join our experienced instructor, Spencer Howard, to learn fun and easy dance steps that will have you boot-scootin' in no time. Enjoy the added benefits of a gentle mental and physical workout, too. No partner needed, but bring your friends, the more the merrier! Beginners welcome. No class Nov 11.

Instr: Spencer Howard. Loc: Senior Center Multipurpose Room. Fee: \$25S/\$25R/\$30N.

Class#	Age	Time	Days	Date
12034	18+ yrs	10-11am	Thursday	Sep 23-Oct 14
12032	18+ yrs	10-11am	Thursday	Oct 21-Nov 18

Line Dancing - Catch-up

Students new to line dancing are encouraged to attend this catch-up class. Learn basic steps and terminology so you can join the on-going class with confidence. Our Instructor, Spencer Howard, will bring you up-to-speed in no time.

Instr: Spencer Howard. Loc: Senior Center Multipurpose Room. Fee: \$10S/\$10R/\$12N.

Class#	Age	Time	Days	Date
14312	18+ yrs	11am-12pm	Thursday	Oct 14

Westcoast Tappers-Basic

Both fun and challenging, tap dancing is great exercise for your mind and body. Easy-to-learn basic combinations are emphasized, such as time-steps, soft-shoe and paddle-turns. Learn complete routines as you tap for fun and fitness. For ages 18 and over. Margie is a great instructor; she will have you loving tap in no time!

Instr: Margie Meillon. Loc: Senior Center Multipurpose Room. Fee: \$22S/\$22R/\$27N.

Class#	Age	Time	Days	Date
12053	18+ yrs	11am-12pm	Tuesday	Oct 26-Nov 30



Westcoast Tappers-Intermediate

Enjoy the motivation of other dancers as you move beyond the basic tap steps and work to polish your routines. Westcoast Tappers feature jazz, classic, and performing tap. It's a good way to stay fit and have fun, too! For ages 18 and over.

Instr: Margie Meillon. Loc: Senior Center Multipurpose Room. Fee: \$22S/\$22R/\$27N.

Class#	Age	Time	Days	Date
14307	18+ yrs	10-11am	Tuesday	Oct 26-Nov 30

Fitness

Movement & Music

This gentle, yet lively, exercise program is a fun way to wake up your body while moving to music. You will increase flexibility, circulation, and muscle tone while enjoying the company of others. The program begins sitting in a chair with deep breathing and stretching then progresses into using larger muscle groups. The music will vary from prerecorded to live and improvisational as our instructor, Kimber Godsey, is a singer and songwriter. Moving to music not only offers the well known health benefits, but it also adds pizzazz to your life. Come join the fun! No class Oct 6 & Nov 17.

Instr: Kimber Godsey. Loc: Senior Center Multipurpose Room.

Class#	Age	Time	Days	Date	Fee
14204	18+ yrs	9:15-10am	Wednesday	Sep 1-29	\$20S/\$20R/\$24N
14205	18+ yrs	9:15-10am	Wednesday	Oct 13-27	\$12S/\$12R/\$15N
14206	18+ yrs	9:15-10am	Wednesday	Nov 3-24	\$12S/\$12R/\$15N
14207	18+ yrs	9:15-10am	Wednesday	Dec 1-8	\$8S/\$8R/\$10N

NIA Movement

In Swahili, Nia means with purpose; it also stands for Neuromuscular Integrative Action. It is an expressive fitness and awareness program that teaches a holistic approach to health. By blending movement, free expression and some elements of dance, T'ai Chi, Yoga, and other forms of movement, you can get an incredible workout! NIA movements are designed to work in a range of motion making your joints feel free and relaxed. This class is very popular and fun! Fee is based on the number of opportunities to exercise each month. Open to age 18 years and over. No class Sept 6, Oct 14, Nov 11 & 25.

Instr: Veronica Connolly-Bagshaw. Loc: Senior Center Multipurpose Room.

Class#	Age	Time	Days	Date	Fee
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Monday

12088	18+ yrs	8:45-9:45am	Monday	Sep 13-27	\$9S/\$9R/\$11N
12089	18+ yrs	8:45-9:45am	Monday	Oct 4-25	\$12S/\$12R/\$15N
12090	18+ yrs	8:45-9:45am	Monday	Nov 1-29	\$15S/\$15R/\$18N
12091	18+ yrs	8:45-9:45am	Monday	Dec 6-20	\$9S/\$9R/\$11N

Friday

12112	18+ yrs	8:45-9:45am	Friday	Sep 3-24	\$12S/\$12R/\$15N
12113	18+ yrs	8:45-9:45am	Friday	Oct 1-29	\$15S/\$15R/\$18N
12114	18+ yrs	8:45-9:45am	Friday	Nov 5-19	\$9S/\$9R/\$11N
12115	18+ yrs	8:45-9:45am	Friday	Dec 3-17	\$9S/\$9R/\$11N

NIA Movement - Evening

12317	18+ yrs	6-7pm	Thu, Tue	Sep 2-30	\$32S/\$32R/\$39N
12318	18+ yrs	6-7pm	Tue, Thu	Oct 5-28	\$25S/\$25R/\$30N
12319	18+ yrs	6-7pm	Tue, Thu	Nov 2-30	\$25S/\$25R/\$30N
12320	18+ yrs	6-7pm	Thu, Tue	Dec 2-21	\$18S/\$18R/\$22N

Senior Cardio

Designed to improve your agility and cardio-respiratory endurance through the use of low impact and easy dance movements. Set to upbeat music, this class is sure to be lots of fun! Offered for ages 50+. Fee is based on the number of opportunities to exercise each month. Please bring an exercise mat and a water bottle. No class Sept 6, Oct 6, Nov 17, & Dec 15.

Instr: Jody Martin. Loc: Senior Center Multipurpose Room.

Class#	Age	Time	Days	Date	Fee
12064	50+ yrs	10:15-11am	Mon, Wed	Sep 1-29	\$25
12065	50+ yrs	10:15-11am	Mon, Wed	Oct 4-27	\$22
12066	50+ yrs	10:15-11am	Mon, Wed	Nov 1-29	\$25
12067	50+ yrs	10:15-11am	Mon, Wed	Dec 1-22	\$19

Senior Strength

Designed to improve your balance, strength and muscle tone. With the use of a chair, light weights and tubing, you will learn specific exercises to work all the major muscle groups in your body. Offered for ages 50+. Fee is based on the monthly number of opportunities to exercise. Please wear comfortable clothing and bring a



water bottle. Register early. This class does fill up quickly! No class Nov 11, 25 & Dec 16.

Instr: Jody Martin. Loc: Senior Center Multipurpose Room.

Class#	Age	Time	Days	Date	Fee
12076	50+ yrs	9-9:45am	Thu, Tue	Sep 2-30	\$23
12077	50+ yrs	9-9:45am	Tue, Thu	Oct 5-28	\$20
12078	50+ yrs	9-9:45am	Tue, Thu	Nov 2-30	\$18
12079	50+ yrs	9-9:45am	Thu, Tue	Dec 2-21	\$13

Water Exercise

The perfect low-impact exercise! Enjoy the buoyancy that water provides to improve flexibility, strength, and cardiovascular fitness without stress on joints. First-time students, please pick up a new student information sheet when you register. Carpooling to the pool is recommended due to limited space. Available to adults age 50 and over. Fee is based on the number of opportunities to exercise each month. No class Sept 6, Nov 26.

Instr: Vicki Davies-Eblen. Loc: Redmond Pool.

Class#	Age	Time	Days	Date	Fee
14390	50+ yrs	9:30-10:25am	Monday	Sep 13-27	\$15
12341	50+ yrs	10:30-11:25am	Monday	Sep 13-27	\$15
12330	50+ yrs	9:30-10:25am	Monday	Oct 4-25	\$20
12342	50+ yrs	10:30-11:25am	Monday	Oct 4-25	\$20
12331	50+ yrs	9:30-10:25am	Monday	Nov 1-29	\$24
12343	50+ yrs	10:30-11:25am	Monday	Nov 1-29	\$24
12332	50+ yrs	9:30-10:25am	Monday	Dec 6-20	\$15
12344	50+ yrs	10:30-11:25am	Monday	Dec 6-20	\$15
12353	50+ yrs	9:30-10:25am	Wednesday	Sep 1-29	\$24
12365	50+ yrs	10:30-11:25am	Wednesday	Sep 1-29	\$24
12354	50+ yrs	9:30-10:25am	Wednesday	Oct 6-27	\$20
12366	50+ yrs	10:30-11:25am	Wednesday	Oct 6-27	\$20
12355	50+ yrs	9:30-10:25am	Wednesday	Nov 3-24	\$20
12367	50+ yrs	10:30-11:25am	Wednesday	Nov 3-24	\$20
12356	50+ yrs	9:30-10:25am	Wednesday	Dec 1-15	\$15
12368	50+ yrs	10:30-11:25am	Wednesday	Dec 1-15	\$15
12381	50+ yrs	9:30-10:25am	Friday	Sep 3-24	\$20
12382	50+ yrs	9:30-10:25am	Friday	Oct 1-29	\$24
12383	50+ yrs	9:15-10:10am	Friday	Nov 5-19	\$15
12384	50+ yrs	9:15-10:10am	Friday	Dec 3-17	\$15

Health

Massage

Each Wednesday our licensed massage therapist, Avery Holzer, offers chair and table massages. Massage has many benefits such as improved circulation, increased movement, and can ease pain. For more information and/or to make an appointment call, 425-556-2314.

Life Long Learning

Defensive Driving

Completion of this eight-hour course qualifies seniors, age 55 and above, for a state-mandated auto insurance premium reduction. Sponsored by Washington Traffic Safety Education Association. Attendance on both days required to receive certificate. Sorry, no refunds.

Instr: Staff. Loc: Senior Center Room 107. Fee: \$8.00

Class#	Age	Time	Days	Date
12946	50+ yrs	12-4pm	Tue, Thu	Sep 14-16

Music

Rhythms of Life - Drumming for Everyone

The beat of our hearts provides us with our own inner drum. Every time you breathe, walk, or talk you are expressing your innate sense of rhythm. Come learn the basic hand language of the drum, what universal rhythms are, and how to play. You will experience and play many different types of hand percussion instruments. In a supportive environment, our class will participate in creating a 'Rhythm Circle.' Musical background not required, however a desire to learn and have fun is necessary. If you have your own, or can borrow an askio, djemba, or conga drum, please bring it to class with you. Come join us and explore the joys of drumming! No class Nov 26.

Instr: Kimber Godsey. Loc: Senior Center Room 107. Fee: \$30S/\$30R/\$36N.

Class#	Age	Time	Days	Date
14201	18+ yrs	10:15-11:15am	Friday	Sep 10-Oct 1
14202	18+ yrs	10:15-11:15am	Friday	Oct 8-29
14203	18+ yrs	10:15-11:15am	Friday	Nov 5-Dec 3

Special Events

Holiday Craft Bazaar Saturday, Nov. 13, 10am-3pm

The holidays are just around the corner, time to plan for our Annual Holiday Craft Bazaar. Featuring a wide variety of handcrafted items, delicious snacks from our kitchen and door prizes, this event has something for everyone! Individuals who want to sign up to sell their hand made items may register as follows: all seniors, age 50+, starting on Sept. 16; under 50 City of Redmond residents starting on Sept 23; and under 50 nonresidents starting on Oct 7. Call 425 556-2314 for more information or to have a registration packet sent to you.

Table Fee: \$15

Candlelight Dinner Dance

Thursday, December 9, 5:30-9:30pm

Spend a delightful evening with friends and family at our annual Candlelight Dinner Dance. Enjoy an appetizer hour, holiday dinner and dance, with music provided by the award winning Swinging Seniors Band. Here's wishing you a wonderful holiday season! Registration deadline is close of business Dec 1. No refunds after Dec 1. Limited transportation will be provided on a first-come first served basis for residents who live inside the city limits. For complete details on this event, call us at 425-556-2314. Location: Senior Center Multipurpose Room. Fee: \$19



Sports

Senior Coed Volleyball

Time for some fun! The RSC teams will participate in the Co-ed Senior Volleyball League organized by the Tukwila Community Center. Practice begins Sept 14; games run October to early spring (if we make it into the play-offs). We hope to recruit enough people for two teams. All seniors are welcome - ladies this means you!

Instr: Staff. Loc: Old Redmond Schoolhouse Community Center Gym. Fee: \$45.00

Class#	Age	Time	Days	Date
14377	50+ yrs	11am-1pm	Tue, Thu	Sep 14-Mar 3



Yoga - Senior Adult

Hatha Yoga

Discover how to increase flexibility, improve balance and circulation, relieve stress, and relax! Learn proper breathing, stretching, body awareness, and better posture through yoga. These exercises will also help you to increase muscle tone and feel great! For ages 18 and over. Instr: Diana Piermattei. Loc: Senior Center Multipurpose Room. Fee: \$40S/\$40R/\$48N.



Class#	Age	Time	Days	Date
14317	18+ yrs	10-11am	Friday	Sep 24-Nov 12

Yoga from your Chair

If you are interested in yoga but don't have the mobility to get onto the floor, this is the class for you. Based on Hatha Yoga you will increase your flexibility and circulation, improve respiration, and expand your awareness of body, mind and spirit. In only 45 minutes you will enjoy the benefits of a yoga workout that includes: twists; upper body alignment and stretches; leg and ankle flexing; head, face and neck stretches; deep breathing; and a focus on relaxation for the whole body.

Instr: Diana Piermattei. Loc: Senior Center Room 111. Fee: \$20.

Class#	Age	Time	Days	Date
14316	50+ yrs	10:15-11am	Thursday	Oct 7-28

Viniyoga at the Senior Center: see page 29 for class details.

Wellness

T'ai Chi Chuan

T'ai Chi Chuan is considered one of the more healing forms of T'ai Chi. Experience clarity and insight and how it relates to your daily life. Benefits of T'ai Chi Chuan include a better sense of balance, body-awareness, focus and increased energy. Class is for ages 18 and over. No class Nov 17.

Instr: Jason Mix. Loc: Senior Center Multipurpose Room. Fee: \$30S/\$30R/\$35N.

Class#	Age	Time	Days	Date
12466	18+ yrs	2:30-3:30pm	Wednesday	Sep 1-22
12467	18+ yrs	2:30-3:30pm	Wednesday	Sep 29-Oct 20
12468	18+ yrs	2:30-3:30pm	Wednesday	Oct 27-Nov 24



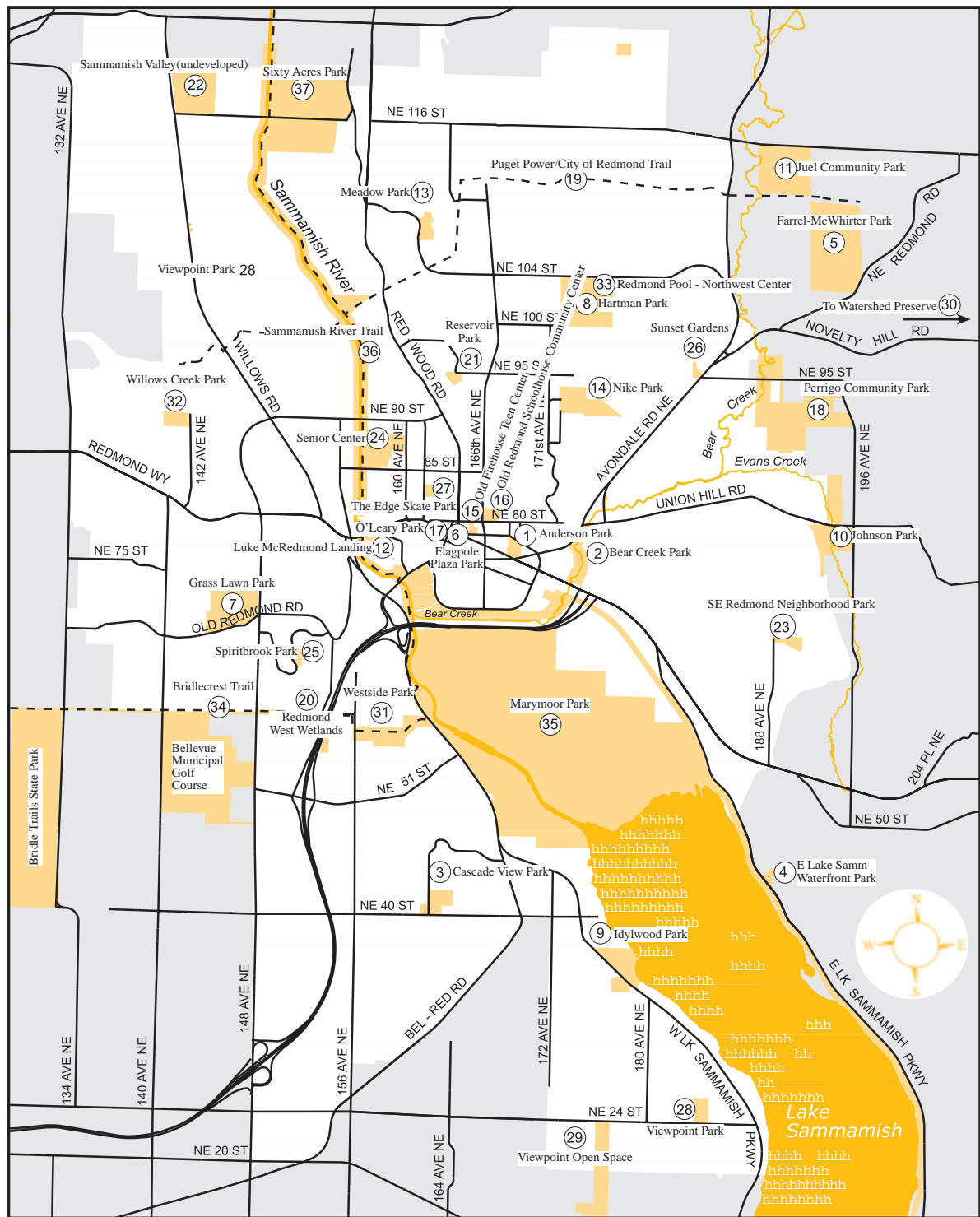
Harvest Dance

Friday, September 24, 2004, 7-10pm
Senior Center Multipurpose Room

Open to all ages* -- Bring your children and grandchildren! Show them how to really dance. Senior Advisory Committee fund raiser will sell light snacks and beverages.

Adults: \$8 per person advance, \$10 at the door.
Children under 12: \$4 per person advance, \$5 at the door.

*Not appropriate for ages 6 and under.



Farrel-McWhirter Park

Driving directions: From the end of SR-520 onto Avondale Rd, proceed north for approximately 1¼ miles. Turn right on Novelty Hill Road. Go ½ mile. Turn left on Redmond Road. Go ½ mile. Park entrance is on your left and well marked.

Anderson Park

Follow SR-520 eastbound. Take Redmond Way exit and turn left. Turn right onto 168th Avenue NE. The park will be on your right, and the facilities have signs.

Redmond Senior Center

Eastbound on SR-520 take West Lake Sammamish Parkway exit. Turn left at light. Go through next light (at Leary) and follow to NE 85th Street and take a right. Turn left on 160th Avenue NE and turn left at second driveway.

Old Redmond Schoolhouse Community Center

Follow SR-520 eastbound. Take Redmond Way exit and turn left. Turn right onto 166th Avenue NE to 80th Street. Parking in the small lot or on the street.

City of Redmond Parks & Facilities

Recreation Offices - 16600 NE 80 Street
Old Redmond Schoolhouse Community Center

Parks Administration - City Annex Building
15965 NE 85 Street (corner of NE 85 & 160 NE)

FACILITY/ADDRESS	PHONE	ACREAGE	BALL FIELDS	BASKETBALL HOOPS	BICYCLING	CANOE LAUNCH	CONCESSIONS	DISC GOLF	FACILITY RENTALS	FITNESS TRAIL/COURT	HORSE ARENA	INFORMATION KIOSK	NATURAL ARENA	OPEN SPACE	ORIENTEERING COURSE	OUTDOOR STAGE	PARKING	PICKLEBALL COURT	PICNIC SHELTER	PICNIC TABLES	PLAY AREA	PUBLIC ART	RECREATION BUILDING	RESTROOMS	SKATEBOARDING	SOCCER FIELDS	SWIMMING BEACH	TENNIS COURT	TENNIS COURT (LIGHTED)	VOLLEYBALL COURT	WALKING/HORSE TRAIL
1 Anderson Park (Adair House, Fullard House) 7802 - 168 Ave NE		2.8																													
2 Bear Creek Park (undeveloped) Avondale Rd/Bear Creek Village																															
3 Cascade View Park 16202 NE 40 Street		8.0																													
4 E Lake Samm Waterfront 4354 E Lk Samm Pkwy NE		3.0																													
5 Farrel-McWhirter Park (Farrel House, Operations Building, Animal Farm) 19545 Redmond Road	556-2309	68.0																													
6 Flagpole Plaza Park- 164 Ave NE & Redmond Way		.11																													
7 Grass Lawn Park 7031 - 148 Ave NE		28.5																													
8 Hartman Park 17300 NE 104 Street		40.0																													
9 Idylwood Park 3650 W Lk Sam Pkwy NE		17.5																													
10 Johnson Park 7901 - 196 Ave NE (undeveloped)		15.0																													
11 Juel Community Park 18815 NE 116 St		38.0																													
12 Luke McRedmond Landing 15811 Redmond Way		2.5																													
13 Meadow Park 10710 - 160 Ave NE		5.0																													
14 Nike Park 17207 NE 92 Street		11.25																													
15 Old Firehouse Teen Center 16510 NE 79 Street	556-2370																														
16 Old Redmond Schoolhouse Community Center, 16600 NE 80 Street	556-2300	3.0																													
17 O'Leary Park - Leary Way & Redmond Way		.12																													
18 Perrigo Community Park 9011 196 Ave NE		26.7																													
19 Puget Power/City of Redmond Trail Sammamish River - Farrel-McWhirter Park		3.18 mi																													
20 Redmond West Wetlands NE 60th St & 152nd Ave NE		4.4																													
21 Reservoir Park 16317 NE 95 Street		2.0																													
22 Sammamish Valley (undeveloped) NE 116 St/Willows Rd NE		32.0																													
23 SE Redmond Neighborhood Park 188 Ave NE & 68 Street (undeveloped)		3																													
24 Senior Center 8703 - 160 Ave NE	556-2314																														
25 Spiritbrook Park 6500 - 151 Ave NE		2.0																													
26 Sunset Gardens NE 95 Street & Avondale Road		1.2																													
27 The Edge Skate Park NE 83 Street & 161 Ave NE		1.4																													
28 Viewpoint Park 18440 NE 24 Street		5.0																													
29 Viewpoint Open Space 17541 NE 24 Street (undeveloped)		10.0																													
30 Watershed Preserve 218 Ave NE & Novelty Hill Rd		803.0																													
31 Westside Park 5810 - 156 Ave NE		6.4																													
32 Willows Creek Park - 8915 142 Ave NE		5.0																													

KING COUNTY NATURAL RESOURCES & PARKS DIVISION

Administrative Offices 2040 84 Ave. SE, M. I.	206-205-3661
34 Bridlecrest Trail - NE 60 Street	
35 Marymoor Park, Eastside District 6046 W Lk Sam Pkwy NE	206-296-2961
36 Sammamish River Trail Redmond to Bothell (9.4 mi)	
37 Sixty Acres Park NE 116 & Sammamish River	

**King County Parks,
Marymoor Eastside District,
has a brochure listing of pro-
gram activities available by
calling 206-205-3661 between
the hours of 10am and 4pm.**

Community Program Sites/Facilities

Action Athletics, 8347 154 Ave NE
Audubon Elementary, 3045 180 Ave NE
Benjamin Rush Elementary, 6101 152 Ave NE
ENSO Martial Arts Center, 8410 165 Ave NE
Einstein Elementary School, 18025 NE 116 St
Emerald City Gymnastics, 17969 NE 65 St
Horace Mann Elementary, 17001 NE 104 St
Mills Music, 16615 Redmond Way
Norman Rockwell Elementary, 11125 162 Ave NE
Old Fire House (Teen Center), 16510 NE 79 St
Public Safety Building, 8701 160 Ave NE, Redmond
Old Redmond Schoolhouse Community Center, 16600 NE 80 St
Redmond Elementary, 16800 NE 80 St, Redmond
Redmond High School, 17272 NE 104 St
Redmond Junior High, 10055 166 Ave NE
Redmond Public Safety Building, 8701 160 Ave NE
Redmond Senior Center, 8703 160 Ave NE
Rose Hill Junior High, 13505 NE 75 St
Washington Karate Assoc., 14906 Bel-Red Rd, Bellevue

How to Register – Senior Center classes register at 425-556-2314

Redmond Residents:

Begins Monday, August 9

*(Those residing or *working within city limits.)*

Non-Residents:

Begins Monday, August 16

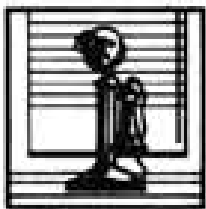
(Those residing outside Redmond city limits.)

For 50+ Programs, call 425-556-2314.

Note: Early registration will not be accepted. Be sure to indicate if you work in Redmond City Limits before you register. *Family members are eligible for the resident rate.

Here are your registration choices:

Phone-In



By VISA/MasterCard ONLY!
\$10 Minimum

Phone - 425-556-2300

9am-2pm and 5-8pm

Monday - Friday

10am-1pm Saturdays

Fill out registration form
before calling.

Mail-In



First come, first served.
Send form & payment by
check or credit card to:

CITY OF REDMOND

Parks & Recreation

Department

MS: ORSPK

PO Box 97010

Redmond WA 98073-9710

Walk-In



Monday - Friday 8am-8pm

Saturday 9am-1pm

Recreation Office

Old Redmond Schoolhouse

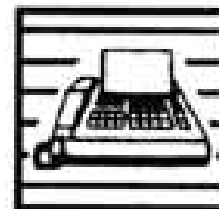
Community Center

16600 NE 80 Street

or

Utility billing night deposit
box at City Hall -
15670 NE 85 Street

FAX



For 24-hour
convenience:

425-556-2303

With VISA/MC

Please print clearly.

(See mail-in/fax
information below.)

ON LINE www.redmond.gov

To receive access to our on-line registration system, fill out the Account Request form under Redmond Parks and Rec OnLine at www.redmond.gov. You will receive e-mail confirmation that your account is set up usually within 24 hours.

- ◆ Have your PIN, Client ID, and credit card handy. Log in to the system and make your selections. Follow all directions.
- ◆ Print a receipt – there may be additional important information about the class.
- ◆ Some classes are not available online; please use an alternative registration option.
- ◆ On-Line registration begins at 12am on the first day of registration. Beat the rush and avoid long hold or wait times by registering on-line.



Registration Procedures

Mail-In/Fax Registration:

- ◆ Separate checks (mail-in) are requested for ALL preschool-age classes.
- ◆ Please list all acceptable alternate classes on the form. If your first choice is not available, you will automatically be placed in your alternate selection. **Check your confirmation receipt!**
- ◆ Waiting Lists: If class/es requested are full, you will be placed on a waiting list.
- ◆ Payment due with registration. Checks, Visa, MasterCard. **PLEASE DO NOT MAIL CASH!**

General Policies & Procedures

- ◆ One family per registration form (photo copies okay).
- ◆ Pre-registration required for all programs; no in-class registrations will be accepted.
- ◆ Register early before classes are filled or cancelled.
- ◆ Classes will be cancelled if enrollment is low prior to the beginning of the class. **DON'T WAIT TO SIGN UP!**
- ◆ For phone, mail, faxed registrations, confirmation receipts are mailed. Call if you don't receive one, 425-556-2300 press 3. Print a confirmation receipt yourself with OnLine registration.
- ◆ **Refund policy**, page 41.
- ◆ For Farrel-McWhirter Preschool Refund Policy, see Preschool Parent Guide.
- * ◆ Work residency rates apply to non-resident employees who work inside Redmond city limits and **family members are included.**
- ◆ Visitation or observation of classes is not encouraged, because drop-in attendance can affect the quality of the class experience for registered participants. In some cases, with prior approval of the program administrator, we can make an exception. Please direct inquiries to the Recreation office, 425-556-2300.
- ◆ Photographs and videotapes may be taken by staff for future publications.

A Note to Parents:

In hardship cases, please make a confidential contact with the Recreation Office Supervisor, 425-556-2300.

For More Information Please Call 425-556-2300.

See page 41 for registration form.



Registration Form—

For More Information Please Call 425-556-2300. Fax 425-556-2303

Mail to: **Redmond Parks & Recreation, MS: ORSPK, P.O. Box 97010 • Redmond, WA 98073-9710**

Make checks payable to City of Redmond (Only one family per form. Photocopies are accepted)

NAME

Adult Last: _____

First: _____

Evening phone: (____) _____

Day phone: (____) _____

Mailing Address _____

E-mail: _____

City _____

Adult who works in city limits: _____

State _____ Zip _____

State _____ Zip _____

OFFICIAL USE

Ck _____

Cash _____

CC _____

Credit _____

_____ **Staff**

PARTICIPANT NAME	BIRTHDATE	PROGRAM NUMBER	PROGRAM NAME	FEE	PROGRAM NO. OF ACCEPTED ALTERNATIVES
					1. _____ 2. _____
					1. _____ 2. _____
					1. _____ 2. _____
					1. _____ 2. _____
					1. _____ 2. _____
					1. _____ 2. _____

WAIVER OF LIABILITY

ALL participants are requested to sign the following release. Parents or guardians must sign for minors. I/We assume all risks and hazards incidental to such participation including transportation to and from the activities and do hereby waive, release, absolve, indemnify and agree to hold harmless City of Redmond Parks and Recreation Department, park supervisors, instructors and persons transporting myself or my/our child for any claim arising out of any injury to myself or my/our child.

Signature(s) _____ Date _____

Total \$ _____

If your first choice is full, you will automatically be registered in your alternate. Please check your confirmation card.



☐ MC

Card No. _____



☐ VISA

Exp. Date _____

Signature _____

Credit Card Information

REFUNDS:

To qualify for a refund, the participant **must notify** the Recreation Office at 425-556-2300 within the following timelines:

Program Refunds:

- ◆ For Farrel-McWhirter Preschool Refund Policy, see Preschool Parent Guide, available at the Recreation office.
- ◆ For all other classes, withdrawals requested 7 days or more from the first day of class would receive a full refund, less a \$10 administrative fee.
- ◆ Withdrawals made between 7 days, up to the second-class meeting will receive a 50% refund. Exception: one day classes will not be refunded after the class meets.
- ◆ No refunds processed after the second class meeting. By withdrawing from a class several days prior to its start date, you help us provide better customer service. We are better able to either fill your spot or notify other registrants in a timely manner that the class is canceled due to low enrollment.
- ◆ No refunds for events requiring tickets. Events that follow the no refund/transfer rule will state so in their advertisement.
- ◆ Transfers will be granted within the above guidelines; however, transfer fees may be assessed.
- ◆ If the Parks and Recreation Department cancels a program, a full refund will be issued.

Facility Rental Refunds:

A refund, less an administrative fee, will be given if the reservation is cancelled within the time limit stated on the rental contract. Specific flyers are available for each rental site with the cancellation/refund policy stated.

If the **Parks Department** cancels a program or reservation, a **full refund or credit** will be issued.

Resident Registration Priority

The City of Redmond has established a policy giving registration priority to residents living or working within the Redmond city limits. The city limits weave along NE 116 St. on the north and approximately 186 Ave NE on the East. The western boundary weaves along 132 Ave NE until Bridle Crest Trail (NE 60th) then goes east to 148 Ave NE. The southern boundary varies. All 98053 zip codes are outside the city limits, as well as some 98052 zip codes.

See page 40 for registration instructions and timelines.

▼ *NEW!* Birthday Party Package



at Farrel-McWhirter Park, 19545 Redmond Rd, Redmond

Are you looking for something fun and unique to do for birthday parties or your youth group's outings? Redmond Parks & Recreation Department offers a special program package at Farrel McWhirter Park with a variety of fun and educational programs ideal for your needs.

The Birthday Package is on Saturday or Sunday and the fee is \$110 + \$50 damage deposit and includes:

- 1. A facility (indoor or picnic table)
- 2. One program (pony rides, for up to 12 kids OR farm tour OR wagon rides for up to 16 kids) AND
- 3. A birthday kit (take-home crafts, wooden milking cow, horseshoes game, bean bag toss, and a bale of hay, cowboy hat and western saddle for photos).

Reservations are made in person in the Recreation Office in the Old Redmond Schoolhouse Community Center, 16600 NE 80 St. Call the information line at 425-556-2375 for details.

School and youth groups may reserve a weekday farm tour/program by calling Pam at 425-556-2309.

▼ Redmond Senior Center

CEREMONY, RECEPTION, AND SEMINAR SITE

The Redmond Senior Center (RSC) offers the perfect setting for your special event, an excellent choice for weddings, receptions, seminars, and other gatherings. Available weekends, located within the City Hall campus, and nestled along the Sammamish River Trail, we will meet your every need. Driving directions on page 38.

The facility includes two sunlit meeting rooms (a total capacity of 200 persons), commercial kitchen (every caterer's dream), a large foyer, and covered patio. The main hall features hardwood floors, with a curtained stage area and dressing room. The facility is fully accessible with ample free parking.



The Redmond Senior Center may be viewed Monday through Friday 8:30am - 4:30pm. Please call our rental line at 425-556-2368 for information.

▼ Adair House

A cozy log cabin retreat for your small group of 40 or less, conveniently located in downtown Redmond in Anderson Park, 7802 168 Ave NE. Amenities include a small kitchen with refrigerator, sink, Jenn-Air range with grill, burners, and oven; restrooms, a rustic log interior, decorative fireplace, hardwood floors, electrical outlets, and a white board. Reservations made in person at the Old Redmond Schoolhouse Community Center, 16600 NE 80th Street, Redmond. A reservation information flyer is available, 425-556-2300 x3.



▼ Old Redmond Schoolhouse Community Center



Reasonable rates and large rooms are a perfect combination for your next party, potluck, meeting, or event! Furnishings and equipment may be limited at this time, however, since we have completed only one phase of renovation.

Spacious classrooms which accommodate up to 50 people and a large auditorium with stage that can accommodate up to 250 people are available for weekday or weekend rentals.

Call 425-556-2300 for a Rental Guide with complete details! The Recreation Office is located at the Old Redmond Schoolhouse Community Center, 16600 NE 80 Street. Stop by and take a look!!